

## Mug Cakes Ready In Five Minutes In The Microwave

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### Mug Cakes

Whether you're after a late night treat, a sweet snack in front of the TV, or a super speedy dinner party dessert that will still impress your guests, Mug Crumbles will have you sorted. With over 30 recipes for delicious crumbles that require minimal effort and time, all you need is five minutes to spare and a serious crumble craving!

### The Super Easy 5-Ingredient Cookbook

From chef and online baking star Gemma Stafford, you can get more than 100 accessible, flavor-packed recipes that anyone can make—anytime, anywhere—in her very first baking cookbook. Gemma Stafford—chef and host of the top online baking show Bigger Bolder Baking—has worked as a pastry chef at a monastery in Ireland, a Silicon Valley tech startup, and a Michelin-starred restaurant in San Francisco, and now brings her incredible desserts to life every week for millions of viewers via YouTube, Facebook, Instagram, and her popular website, BiggerBolderBaking.com. Gemma hopes to restore baking as an everyday art, and this dessert cookbook is your guide. **BAKE WITH CONFIDENCE** 100+ sweet and simple dessert recipes for maximum deliciousness with minimal effort Use just a few common ingredients and basic kitchen tools for bold twists on cakes, cookies, pies, ice cream, and more Every recipe has gorgeous color photography and step-by-step instructions that anyone can follow with ease **ANYTIME BAKING** An approach unique among baking cookbooks, the chapters are organized by the basic tools you'll need—such as Wooden Spoon & Bowl, Rolling Pin, or No Oven Needed—so you can choose the recipes that are most convenient for you during any spur-of-the-moment craving **BOLD NEW RECIPES & CLASSICS** Surefire hits include Chocolate Lava Pie, Baked Cinnamon-Sugar Churros, Gemma's Best-Ever Chocolate Chip

Cookies, “In Case of Emergency” One-Minute Mug Brownie, Raspberry Swirl Cheesecake Ice Cream, and many more BONUS: A chapter on Bold Baking Basics includes essential techniques, tips, and in-a-pinch substitutions so you can whip up Gemma’s irresistible desserts with confidence

### **Once Upon a Chef, the Cookbook**

Taste the rainbow with this celebration of colour and creativity! Mima Sinclair has pulled out all the stops in creating a collection of delicious cakes, cupcakes, biscuits, small bakes and desserts that will brighten anyone's day. Rainbow design and unicorns are on trend with their frivolity and vibrancy creating a feel-good factor that is infectious and a perfect antidote to the depths of a grey winter. As always with Mima, she includes helpful tips and techniques so you can make your creations with confidence. Including Disco Dip Valentine's cookies, a Pinata Cake filled with hidden sweets, Marshmallow Funfetti Blondies, a Macaroon tower, Multicoloured Meringues, Rainbow Bagels and of course, the ultimate Rainbow Layer Cake, this book contains inspirational recipes that will bring happiness to any occasion.

### **Rainbow Bakes**

Grandbaby Cakes: Modern Recipes, Vintage Charm, Soulful Memories is the debut cookbook from sensational food writer, Jocelyn Delk Adams. Since founding her popular recipe blog Grandbaby Cakes in 2012, Adams has been putting fresh twists on old favorites. Adams has earned praise from critics and the adoration of bakers both young and old for her easygoing advice, rich photography, and the heartwarming memories she shares of her family’s generations-old love of baking. As a child, Adams and her family would routinely embark on the ten-hour journey from their home in Chicago to Winona, Mississippi. There, she would watch her grandmother, affectionately nicknamed Big Mama, bake and develop delicious, melt-in-your-mouth desserts. From blooming tree-picked fruit to farm-raised eggs and fresh-churned butter, Big Mama used what was readily available to invent completely original treats. Adams treasured the moments when her mother, aunt, and Big Mama would bring her into the kitchen to let her dabble in the process as a rite of passage. Big Mama’s recipes became the fabric of their family heritage. Grandbaby Cakes is Adams’s love note to her family, thanking those who came before and passing on this touching tradition with 50 brilliant cakes. Grandbaby Cakes pairs charming stories of Big Mama’s kitchen with recipes ranging from classic standbys to exciting adventures—helpfully marked by degree of difficulty—that will inspire your own family for years to come. Adams creates sophisticated flavor combinations based on Big Mama’s gorgeous centerpiece cakes, giving each recipe something familiar mixed with something new. From pound cakes and layer cakes to sheet cakes and "baby" cakes (cupcakes and cakelettes), Grandbaby Cakes delivers fun, hip recipes perfect for any celebration. Readers will love this cookbook for its eclectic and bold recipes steeped in equal parts warm Southern charm and fresh Midwestern flavors. Not only will home bakers be able to make staples like yellow cake and icebox cake exactly

how their grandmothers did, but they'll also be preparing impressive innovations, like the Pineapple Upside-Down Hummingbird Pound Cake and the Fig-Brown Sugar Cake. Grandbaby Cakes is a collection for both new-aged and traditional bakers, but mostly it's for anyone who wants a fresh, modern take on classic recipes as well as cakes full of heart and soul.

### **Mug Cakes**

Jamie's most straightforward cookbook yet . . . It's perfect for quick and easy meals for every day of the week. Even the busiest of us will be able to master dishes to bring the house down! Jamie's CHANNEL 4 series Quick and Easy Food is BACK on Monday nights at 8pm, find all the recipes . . . and more inside. \_\_\_\_\_ 'Our favourite new recipe book . . . Simple suppers from the nation's favourite chef' Sainsbury's Magazine \_\_\_\_\_ With just FIVE ingredients that have maximum flavour and minimum fuss, you'll be cooking exciting food that's ready in less than 30 minutes . . . · ITALIAN SEARED BEEF. Thinly sliced strips of rump steak: golden and blushing in the middle, with pesto, spicy rocket, pine nuts and creamy layers of Parmesan. · AUBERGINE PENNE ARRABBIATA. A beautiful, super spicy Italian dish that's perfect for midweek. Aubergine quarters cooked in red chilli, garlic and tomatoes over penne pasta. · AMAZING DRESSED BEETS. A delightful summer salad: colourful beetroots, sweet slices of clementine, fresh tarragon and walnuts and creamy goats cheese. · SPEEDY SPICED PRAWN SOUP. A weekday treat, made at home in just 20 minutes. Creamy coconut milk and korma paste with basmati rice, spring onions and delicious prawns. \_\_\_\_\_ 'This is Oliver's best book in years' The Sunday Times 'Jamie Oliver returns with the second series, focussing on easy family-centric cooking . . . he's stripped back to basics and all the better for it.' The Sunday Telegraph

### **Low Sugar, So Simple**

Welcome to the sugar-fueled, manically creative cake universe of Christina Tosi. It's a universe of ooey-gooey banana-chocolate-peanut butter cakes you make in a crockpot, of layer cakes that taste like Key lime pie, and the most baller birthday cake ever. From her home kitchen to the creations of her beloved Milk Bar, All About Cake covers everything: two-minute microwave mug cakes, buttery Bundts and pounds, her famous cake truffles and, of course, her signature naked layer cakes filled with pops of flavors and textures. But more than just a collection of Christina's greatest-hits recipes (c'mon, like that's not enough?) this book will be your guide for how to dream up and make cakes of any flavor you can think of, whether you're a kitchen rookie or a full-fledged baking hardbody.

### **5-Minute Mug Cakes**

It's MEAL-MANIA, HG STYLE! This book features THREE HUNDRED satisfying and delicious recipes for full-on meals.

## Download Ebook Mug Cakes Ready In Five Minutes In The Microwave

Breakfast, lunch & dinner dishes, plus snazzy starters and sides, that contain less than 300 calories each! In addition to CROCK-POT recipes, FOIL PACKS, and other HG favorites, this book serves up more than SEVENTY-FIVE soon-to-be-famous HG TRIOS: three-ingredient combos that take easy to a whole new level! Included are . . . Bean 'n Cheesy Soft Taco in an Egg Mug PB&J Oatmeal Heaven Creamy Crab Cakes Benedict Classic Cheesesteak Salad Dreamy Butternut Chicken Foil Pack Burger-ific Mushroom Melt Buffalo Chicken Wing Macaroni & Cheese BLT Pizza Big Apple Butternut Squash Soup Loaded Bacon-Wrapped Hot Dogs . . . And more!

### **Pure Vanilla**

A guide to preparing a week's worth of meals for one person or a family in a single day offers five seasons' worth of recipes as featured on the celebrity chef's popular show.

### **Week in a Day**

Microwave mug cakes, garbage cookies, fridge cakes and more! These easy recipes can be whipped up in no time, using candy bars, cake mixes, and ice cream. Indulge your inner child (or your actual children) with these 28 recipes for mug cakes and cheat's bakes. The mug cakes, organized into a section for kids, a section for grown-ups, and mug cakes for everyone can all be prepared in the microwave in just a few minutes. With recipes for Nutella and Peanut Butter, Crushed-up Cookie, and Hidden Oreo mug cakes there's plenty to delight little ones; while the Boozy Strawberry Center, After Dinner Mint and Café Latte mug cakes keep the adults happy, too. The second half of the book is then divided into three sections: Cookies, Cakes and Desserts, and No-bake Bakes, where each of the recipes has a cheat to speed things up. Why make things difficult with long-winded processes and waiting times when you could stuff your cookies with pretzels, candy and other confectionery? Ever wanted an ice-cream sandwich at home? Well look no further than Suzy's Ice-cream Cookies that use store-bought ice-cream in the batter meaning there's no assembly required. Try a Soda Pop Dump Cake where the only ingredients you need are a packet cake mix and a can of lemonade. Or use chocolate spread as a fast and filthy filling for a No-bake Cheesecake. Cheat your way to baking notoriety with all these and more in *Miracle Mug Cakes and Other Cheat's Bakes*.

### **The Absolute Best Mug Cakes Cookbook: 100 Family-Friendly Microwave Cakes**

Lisa Lillien has sold millions of books by serving up clever and deliciously easy recipes with low calorie counts, huge portions, and easy-to-find ingredients that are good for you. With eleven New York Times bestsellers under her belt, Lisa is taking things to the next level with *Hungry Girl Clean & Hungry OBSESSED!* Keeping in line with the current clean-eating

food trend (and as a follow-up to her to last smash-hit book, *Hungry Girl Clean & Hungry*), she's taking on the beloved foods that Americans are OBSESSED with—comfort foods, junk foods, international favorites, desserts, and more! Donuts, lasagna, fried chicken, quesadillas, fudge No food is off-limits, and all of them have been completely re-created, re-vamped, and CLEANED UP! With the unique and healthy recipes in this cookbook, you can finally enjoy ALL the foods you crave while eating clean and staying lean! You'll find . . . Spaghetti Squash Your Hunger B-fast Bowl (271 calories) Caramelized Onion Cauli-Crust Pizza (316 calories) Peanut Butter Cup French Toast (344 calories) Love Me Tender Pot Roast (272 calories) Philly You Up Cheesesteak Meatloaf (198 calories) Oh, Wow! Chicken & Waffles (353 calories) Mad About Eggplant Manicotti (264 calories) Garlic & Onion Butternut Turnip Fries (196 calories) Grab a Fork Pork Fried Rice (197 calories) Reconstructed Nachos (245 calories) Three Cheers for Cheesecake Brownies (126 calories) . . . and so much more!

### **Six-Minute Showstoppers**

This irresistible book will transform the way you bake. Traditional cake-making in the oven is wonderful but when you only have a few minutes or want a treat just for yourself all you need is a microwave and a mug! The results are remarkably moist and delicious. You can have a lemon drizzle, a carrot cake with cream cheese frosting, salted caramel, chocolate (of course), spiced pumpkin, rocky road or a birthday cake for an instant celebration. You can even rustle up a 'steamed' pineapple sponge pudding. Lots of delectable toppings and frostings are included too, for when you want to make the mug cakes look and taste even more special.

### **Miracle Mug Cakes and Other Cheat's Bakes**

Don't think you can make a warm, gooey homemade cake in under five minutes? Think again! *5-Minute Mug Cakes* is the perfect gift for anyone with a mug, a microwave, and a dream. With nearly 100 delectable recipes for cakes, brownies, cookies, and more, every single recipe can be made in an ordinary, microwave-safe mug in just a few minutes. Author Jennifer Lee, creator of *Kirbie's Cravings*, guides you through simple recipe favorites like: 2-Ingredient Flourless Nutella® Cake Salted-Caramel Chocolate Cake Funfetti Cake S'mores Cake Strawberries & Cream Cake Chocolate Peanut Butter Cake Red Velvet Cake Lemon Dream Cake and dozens more! Featuring special chapters like *Skinny Mug Cakes* (all under 200 calories!), *Gluten-Free Mug Cakes*, and even *4-Ingredients-or-Less Mug Cakes*, there is no excuse for eating tasteless, packaged desserts anymore. Every recipe in *5-Minute Mug Cakes* is simple, fast, and delicious. The best part? If you mix your ingredients right in your favorite mug, there is next to no cleanup!

### **Run Fast. Eat Slow.**

## Download Ebook Mug Cakes Ready In Five Minutes In The Microwave

A delicious cake you make in a mug, in a microwave, in less than 10 minutes? Yes, it may sound crazy but it actually works! Fancy giving it a try? Here is the definitive mug-cake cookbook that will guarantee you success every time with 40 fantastic, foolproof recipes. Covering everything from everyday classics (carrot, chocolate, vanilla), to treats for special occasions (birthday bonanza, red velvet valentine, black forest gateau) to all out indulgences (chocolate fudge, knickerbocker glory), happy hour (pina colada, Irish cream) and of course not forgetting low-fat, dairy-free, gluten-free, sugar-free cakes to stop you from getting completely carried away So when you want after-school snacks, easy desserts, unique party nibbles or to treat yourself with a quick cup of tea, make up a mug cake.

### **All about Cake**

Whether you're after a late night treat, a sweet snack in front of the TV, or a super speedy dinner party dessert that will still impress your guests, Mug Cakes Nutella® will have you sorted. With over 30 recipes for delicious Nutella® based desserts that require minimal effort and time, all you need is a few minutes to spare and a serious Nutella® craving! There's no long list of fancy ingredients or cooking equipment, and hardly any time at all to set aside to make a delectable dessert. Go Nutella®!

### **Hungry Girl 300 Under 300**

Delicious and awe-inspiring sweets, treats and show-stopping desserts, in six minutes or less. A revolutionary new cookbook that proves that baking doesn't have to be time-consuming, stressful or expensive. Full of time-saving shortcuts which won't compromise on flavour or wow-factor, and guaranteed to be on your plate in six minutes. Ideal for home cooks, busy people and impatient foodies, who want something delicious, now. These 100 recipes are easy, affordable and simple, and ready to eat in 360 seconds - that's less time than it takes to drink a cup of coffee! - Pimm's Cupcakes - Microwave Brownies - Butterscotch Banoffee Pie - Cinnamon Cronuts - Nutella Griddle Cookies - Unicorn Bark - Halloumi Fritters Put the fun and magic back into baking. It has to be tried to be believed . . .

### **Mug Cakes**

Bake your cake and eat it too--super easy recipes for cake when you want it The Easy Cake Cookbook is the ultimate guide for cake lovers who are big on taste--but short on time. If you're a busy home baker or a cake-loving beginner, this cake cookbook offers friendly, fail-safe advice so you can bake fast and flavorful cakes whenever you have the craving. The Easy Cake Cookbook gets you baking with an easy-to-follow cake-making intro, complete with supportive step-by-step advice on choosing the perfect pan, prepping your workspace, and more. Try your hand at dozens of tasty recipes--all mixed and

ready to bake in the time it takes your oven to preheat. The Easy Cake Cookbook includes: Take the cake--Become an ace of cakes with this cake cookbook using easy instructions for measuring, mixing, and more. Pieces of perfection--Bake 75+ mix-and-bake cakes that are delicious right out of the pan, such as coffee cakes, Bundt cakes, skillet cakes, and more. Top it off--Up the wow factor of your cakes using a selection of optional but simple and scrumptious recipes for frostings, glazes, and ganache. Sweeten up your day-to-day with delightful and delectable cakes from scratch using the Easy Cake Cookbook.

### **Mug Cakes Chocolate**

For the times when you're feeling hungry, and would like something delicious, and preferably immediately, Mug Cakes is the book you want. Featuring simple, sweet cake recipes that can be made and cooked in a matter of minutes, there's no excuse not to treat yourself to a quick pudding when you haven't got time to watch over an oven, and need a sugar rush fast. Or why not mix up a pudding for some friends or the kids? There are also recipes for those on special diets. With 35 recipes and full colour photography, this would make the perfect gift for anyone who doesn't like too much fuss in the kitchen, but still wants to have a cake and eat it.

### **Mug Cake**

“Because I’m often headstrong, I’ve sometimes interpreted classic recipes completely in my own way, and I hope you won’t mind. Because I’m often impatient, I’ve sometimes drawn the recipes because it’s faster, and because at times, probably unnecessarily, I worry that you don’t think in the same realm as I do, I’ve also added memories and photos so you get a sense of what I mean. Just like a formally decorated table, or a beautifully arranged plate, I believe that a cookbook should exude a certain spirit that I think you should be in when you get in the mood to get going in the kitchen.” --from the Introduction HOME MADE blew readers away with its stunning package, delicious recipes, beautiful photos, step-by-step instruction, and Yvette van Boven’s own hand-drawn artwork throughout the book. Van Boven’s passion for great food and good humor could be felt on every page in the book. Now, in the follow-up HOME MADE WINTER, van Boven’s heartfelt work is presented again, this time with recipes intended for the winter season. Inspired by her childhood in Ireland and her frequent sojourns in France, she has created a collection of recipes that will warm your heart. Chapters include Breakfast, Brunch & Lunch; Pies and Sweet Things for Tea Time; Beverages; To Start; and Dessert. She focuses on simple recipes for classic dishes such as apple cider, BBQ pulled pork, ricotta cheesecake, and more. Step-by-step, she explains how to make butter, beef sausage, and baileys. She also features her favorite winter holiday recipes. This book is sure to become the next must-have for home cooks. Praise for Home Made Winter: “One of the most fun and useful of its ilk to hit the market in recent memory.” —Buffalo Spree magazine “Even the most challenged cook will appreciate the coffee table value of the gorgeous photography of the moors, streams and gently rolling hills of the Emerald Isle.” —Shelf Awareness “Van Boven

delivers a cozy, intimate collection of recipes and illustrations.” —Buffalo News

### **Meals in a Mug**

Satisfy your sweet tooth instantly with a microwave cake baked in a mug. Mug Cakes contains one hundred quick and easy recipes that are ready in a matter of minutes! Why reach for store-bought mix that takes up to an hour to bake? Let Mug Cakes show you how to make a quick, tiny batter to mix in a mug with a fork! These desserts are the perfect personal serving size when you don't feel like baking an entire cake or pan of cupcakes. With dozens of mouthwatering recipes, there is something to please every taste. It's all here, from basic Buttermilk Cake, Red Velvet, and Carrot Cake to fancy Chocolate Caramel Fleur de Sel. Let the kids try their hand at S'mores and Root Beer Float cakes. Then send them to bed and try the liquor-infused recipes from the Adults Only chapter (Irish Coffee Cake, anyone?). There are recipes for cake lovers with special dietary needs, and even noncake recipes like mug puddings, pies, and cheesecakes, when you get tired of cake (yes it can happen!). So if you've got five minutes to spare, grab a mug, mix up a mug cake, and satisfy your dessert craving ASAP!

### **Stoner Mug Cakes**

Mug cakes are the hot baking trend for everyone who wants to whip up quick, delicious treats with minimum fuss. Simple and fast, all you need is a (Cath Kidston) mug and a microwave! For those who prefer to spend a bit more time in the kitchen, there are also recipes for easy cupcakes, delicious brownies, and one or two larger cakes.

### **Fever 1793**

While many cookbooks and cooking shows would have us think that cooking dinner involves long lists of ingredients and several hours of commitment in the kitchen, Sue Quinn proves that it really doesn't have to be that way. Here's how to prepare wonderful food quickly and easily with a handful of well-chosen ingredients. Tip One: Keep your pantry stocked with fresh pasta, jars of marinated vegetables, frozen fruit, punchy sauces, cans of passata and excellent stock cubes or bouillon powders - all great short-cut ingredients that mean you can cook speedily without compromising on flavour. Tip Two: assemble all your ingredients and cooking utensils before you start cooking. There are 160 recipes all up, from plates to share and light bites, salads and soups, to pasta dishes, meat, poultry and seafood dishes and desserts.

### **Grandbaby Cakes**



Charmingly designed and perfectly approachable, here are eighty simple recipes for delicious, healthy food that require nothing more than a mug and a microwave. For anyone who can't cook, won't cook, or doesn't have the time to cook—but still wants a fresh, delicious meal instead of takeout or packaged, processed food when they're eating alone—here is the answer. All you need for real food, really fast, is a large mug, a microwave, a handful of ingredients, and a spoon. Whether you're cooking in a pocket-sized apartment, a crowded dorm, or an office kitchenette, here are quick and clever recipes for breakfast, lunch, dinner, dessert, and snacks. Squeezing a home-cooked breakfast into your morning dash is no problem with Peanut Butter and Jam Porridge, Eggs Florentine with Hollandaise, or seed- and fruit-packed Breakfast Muffins. And no more sad office salad: whip up Spicy Lentil and Bacon Soup, Pea and Pesto Soup, and Shrimp Laska in the office kitchen for lunch, with a side of Honeyed Carrots or Garlicky Mushrooms! Chicken Korma, Thai Shrimp Curry, Wild Mushroom Risotto, Chili con Carne, and Sweet Potato and Chickpea Tagine make healthy, quick, and delicious dinners that easily trump overpriced takeout or preservative-laden frozen food. And mug baking is a piece of cake with Chocolate and Pistachio Brownies, White Chocolate and Lime Cheesecake, Berry Crumble, Sticky Gingerbread, and much more. Finally, don't forget the more conventional (but no less delicious) mug treats: Ultimate Hot Chocolate, Mulled Cider with Ginger, and Vanilla Latte. Yum! You will be in and out of the kitchen, cravings fully satisfied, in five minutes or less!

### **Quick and Easy Mug Cakes**

Join YouTube's favourite kitchen wizard Raphael Gomes on an epic adventure through his unique world of tasty and tantalising treats. From crazy mug cakes and Oreo popcorn, to the ultimate 'unicorn poo' cookies, Raphael Gomes's recipes are a wonderful fusion of fun and tastiness, that will leave readers both delighted and salivating for more! Beautifully illustrated with fully integrated colour images throughout - and including an exclusive digital app that will bring Raphael's famous recipes to life - Raphael Gomes' Epic Kitchen Adventures is a truly original cookbook and a wonderful accompaniment to Raphael's legendary YouTube channel.

### **Mug Crumbles**

Baking Has Never Been This Easy Discover how simple it is to bake amazingly tasty cake from scratch. All you need is a mug, a microwave, and a few basic ingredients, and you'll be feasting on a delicious homemade cake in minutes. Whether you're craving the classics, seasonal flavors, holiday-themed treats, bottomless chocolate, or fresh fruit galore, The Absolute Best Mug Cakes Cookbook ensures that everyone in your household will get exactly what they want. Bake your way through a wide range of satisfying and easy-to-prepare treats with:

- 100+ irresistible mug cake recipes, including Salted Caramel, Cinnamon Roll, Mexican Chocolate, and Confetti
- Dozens of options for gluten-free, dairy-free, nut-free, paleo and vegan diets so that no one will miss out on the fun
- Troubleshooting tips to ensure immediate mug cake success

- Inventive ideas for mug cake activities, gifts, and parties
- A creative guide to developing your own mug cake recipes

### **5 Ingredients - Quick & Easy Food**

The craze for microwaving portion-size dishes in a mug is only gaining steam. Meals in a mug are a perfect solution for solo dining, and they're also quick and easy options for busy people. And they are a convenient and budget-friendly way to eat delicious and healthy meals when living in a dorm, travelling in a RV or eating at the office. These perfect individual portion sized recipes cover morning breakfast to late afternoon snacks and satisfying suppers with just a quick trip to the microwave which speedily omits hours of stovetop simmering and/or baking. In just 2 minutes, breakfast gets a sumptuous and nutritious boost with a moist and tender Banana Blueberry Muffin. Lunch takes its inspiration from New Orleans with Red Beans and Barley. This quick mugful of deliciousness uses quick-cooking barley which stands in for traditional white rice making it a speedy and healthy makeover. A sampling of the recipes: Super-Fast and Easy Recipes Mushroom Barley Soup, Broccoli Basil Soup, Apple Pancake Puff, Chocolate Peanut Butter Crunch Mix, Cheese Fondue Breakfast Banana Bread, Almond Flour Muffin, Green Onion Bread, Zucchini Bread, Apple Cinnamon Bread, Boston Brown Bread Soups, Stews and Chilis Loaded Baked Potato Soup, Quinoa Minestrone, Miso and Mushroom Soup, Poblano White Chili, Koshari, Red Clam Chowder Meatless Main Dishes Eggplant Parmesan Mug, Green Chile Quesadilla Mug, Chickpea Potato Masala, Curried Lentils with Yogurt and Tortilla, Korean Pajeon Meat, Poultry and Seafood Main Dishes Philly Cheesesteak Mug, Cauliflower and Ham Gratin, Shrimp with Roasted Peppers and Feta, Shepherd's Pie, Teriyaki Salmon Dessert Sugar Cookie, Chocolate Fudge Cake, Blueberry Dumpling, Bananas Foster, Lemon Pudding Cake, Butterscotch Blondie, Panna Cotta. These tasty and healthy dishes move the focus off of the time- and labor-intensive oven, and reintroduce the ease and simplicity of the microwave. They take everyday meals to the next level and the handy nutritional analysis that accompanies each recipe takes all the guesswork out of planning healthy meals.

### **Meal in a Mug**

Grab A Mug And Try A Warm, Goopy & Irresistible Vegan Treat That You Can Enjoy In Just Minutes! Sometimes you don't want to bake a whole cake or a batch of cookies to satisfy a sweet tooth. Here lies the beauty of mug cakes as you can have a mug of deliciousness in less than 5 minutes! This book is perfect for vegans, vegetarians and indeed everyone else who fancies a sweet treat. The ingredients are simple and easy to source, as a matter of fact, you probably already have the basic ingredients in your pantry. The difficulty will probably be to decide which recipe to prepare! All recipes are 100% vegan NO butter, eggs or milk - and NO compromising on taste, texture or flavour Fail proof recipes that take no longer than 5 minutes to make Simple recipes using simple ingredients - in fact you are likely to have what you need in your cupboards right now! All you need to get started is a mug, a microwave, a few basic ingredients and a few minutes and

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VOILA! A delicious vegan mug cake is ready for you to devour! With so many exciting recipes to try you will be using this cookbook all year. Try Some Of These Mouthwatering Vegan Recipes Today! Cookie Dough Chocolate Chip Espresso Red Velvet Pancakes in a Mug Gingerbread Cake with Cranberry Compote Sticky Date Pudding Goopy S'mores Cake Cinnamon Roll Chocolate Brownie And Many More Delicious Mug Cakes! Grab your favorite mug and try one of these easy and delicious cakes today!

### **Cath Kidston Mug Cakes, Cupcakes and More!**

With straightforward recipes that offer great little meals for one, you can't go wrong with this imaginative collection. From Hot Cranberry and Almond Muesli to set you up for the day, to French Onion Soup for a stylish lunch, Pasta in a Creamy Herb Sauce for supper followed by Chocolate and White Chocolate Chip Pudding for sheer indulgence, you'll be spoilt for choice. The book contains well over 100 simple recipes for: · Breakfasts · Soups · Pasta, noodles, rice and grains · Salads and vegetables · Meat and fish dishes · Egg and cheese dishes · Desserts and cakes There's no weighing, no complicated methods and no expensive or obscure ingredients, just easy, tasty, everyday dishes.

### **Microwave Mug Cakes!**

It's late summer 1793, and the streets of Philadelphia are abuzz with mosquitoes and rumors of fever. Down near the docks, many have taken ill, and the fatalities are mounting. Now they include Polly, the serving girl at the Cook Coffeehouse. But fourteen-year-old Mattie Cook doesn't get a moment to mourn the passing of her childhood playmate. New customers have overrun her family's coffee shop, located far from the mosquito-infested river, and Mattie's concerns of fever are all but overshadowed by dreams of growing her family's small business into a thriving enterprise. But when the fever begins to strike closer to home, Mattie's struggle to build a new life must give way to a new fight-the fight to stay alive.

### **The Absolute Best Mug Cakes Cookbook: 100 Family-Friendly Microwave Cakes**

Food styling has become a skill many want to master, but don't know how. Popular food blogger and maverick baker Shivesh Bhatia is here to help. Twenty-two-year-old Shivesh enjoys a massive following on his blog and Instagram. Brands love him and so do people. In *Bake with Shivesh*, the ace baker reveals foolproof tips on food styling that can be easily followed at home, in your kitchen, with tools you already own. He also talks about his favourite styling techniques, and what works or doesn't on different social media platforms. This is a book for everyone looking to elevate the way they present food, to help boost their blogs and businesses, and to make food look as good as it tastes.

## **Cook Fast, Eat Well**

Mix your ingredients in a mug, then cook in your microwave for a delicious space cake. Even a stoner can do it and before you can say 'pass the spliff' your cake is cooked and ready to blow your mind. 25 recipes for the least hassle when you want a delicious cake for getting baked. With a quirky design and full-colour photography throughout, give yourself the munchies (in every sense) with this ultimate guide to mug cakes for stoners.

## **Easy Livin' Microwave Cooking**

Who says vanilla isn't sexy? Harvested from the pods of beautiful and exotic orchids, vanilla is a delicious flavor enjoyed by people all over the world. Pure Vanilla celebrates its unique taste with a stunning array of recipes, from cakes and cookies to custards and creams. Indulge in Glazed Vanilla Bean Doughnuts, Vanilla Cloud Cake, and Vanilla Bean Meringue Kisses and Sea Salt Caramels. Cozy up with a bowl of Warm Vanilla Rice Pudding or a steaming mug of Malted White Hot Chocolate. Spread Golden Pear Vanilla Jam on your breakfast pastries or serve up a bowl of the world's most popular ice cream flavor—all made from scratch. With a complete history of vanilla from orchid to extract, Pure Vanilla provides the origins and tasting notes for all of today's varieties—plus 80 recipes and dozens of photographs. Also included are recipes for Homemade Vanilla Extract, Vanilla Sugar, and Vanilla-Infused Liquors. So step aside, chocolate! It's time for Pure Vanilla.

## **Mug Cakes**

"Elviira shares her trademark delicious and easy recipes in this wonderful book! These healthy keto-friendly recipes will satisfy your taste buds and your desire for simple healthy recipes you can prepare quickly. Low-Sugar So Simple will quickly become a staple in your keto kitchen!" --Maria Emmerich, author of Keto-Adapted and The Ketogenic Cookbook "As a fellow blogger, I'm excited to recommend Elviira's new cookbook to anyone interested in delicious, fuss-free and sugar-free recipes. Elviira's book proves that you can whip up tasty food without having to spend hours in the kitchen. It's an absolute must-have for every busy cook who wants to quit sugar and follow a healthy low-carb diet." --Martina Slajerova, author of the The KetoDiet Cookbook Sugar is quickly becoming the next health epidemic. Numerous studies have confirmed that sugar is a highly addictive substance with catastrophic effects on our health. Research has shown that drinking a can of soda a day increases the risk of a heart attack nearly as much as smoking. Avoiding sugar isn't easy. Sugar lurks in everything from condiments to salad dressing to deli meat. Combine that with the fact that many foods contain things like starches, fillers, and artificial ingredients which act like sugar in the body, and you've got a perfect storm for lifelong sugar addiction and compromised health. Low-Sugar, So Simple shows you how to get sugar off your plate for good. Popular blogger, Elviira Krebber of Low-Carb, So Simple provides 100 low and no sugar recipes for everything from condiments to

main dishes to desserts. Learn healthy substitutions for sugar, how to remove stealth sugars, and get the sugar pretenders like starches, fillers, and additives out of your diet for good. Done in the author's trademark approachable style, living the low-sugar lifestyle is easy with 100 recipes that are delicious, healthy, and easy to prepare.

### **Nutella® Mug Cakes and More**

Baking Has Never Been This Easy Discover how simple it is to bake amazingly tasty cake from scratch. All you need is a mug, a microwave, and a few basic ingredients, and you'll be feasting on a delicious homemade cake in minutes. Whether you're craving the classics, seasonal flavors, holiday-themed treats, bottomless chocolate, or fresh fruit galore, The Absolute Best Mug Cakes Cookbook ensures that everyone in your household will get exactly what they want. Bake your way through a wide range of satisfying and easy-to-prepare treats with:

- 100+ irresistible mug cake recipes, including Salted Caramel, Cinnamon Roll, Mexican Chocolate, and Confetti
- Dozens of options for gluten-free, dairy-free, nut-free, paleo and vegan diets so that no one will miss out on the fun
- Troubleshooting tips to ensure immediate mug cake success
- Inventive ideas for mug cake activities, gifts, and parties
- A creative guide to developing your own mug cake recipes

### **Hungry Girl Clean & Hungry OBSESSED!**

delicious cakes that require minimal time and effort. Mix a simple batter in a mug with a fork, using whatever ingredients you have in your cupboard, microwave for a few minutes, and zap! You have a heavenly cake to indulge in all by yourself. Mug Cakes shares basic recipes for simple favourites such as lemon, carrot or chocolate fondant cake, alongside recipes for more adventurous flavour combinations such as raspberry and green tea or blueberry and ricotta. You can even try recipes that push your mug-cake-making skills to the max - try marble mug cake or financier mug cake with red fruits. All you need is five minutes to spare, a microwave, and a serious cake craving!

### **Home Made Winter**

Provides simple microwave recipes for appetizers, breads, breakfast dishes, fish, meat, poultry, pasta, rice, casseroles, vegetables, and desserts

### **Epic Kitchen Adventures**

Satisfy that chocolate craving as soon as it strikes with Mug Cakes: Chocolate--recipes for quick and delicious chocolate cakes that require minimal effort and time. Mix a simple batter in a mug with a fork using whatever ingredients you have in

your cupboard, microwave for a few minutes, and zap! You have a heavenly, gooey cake to indulge in all by yourself. Mug Cakes: Chocolate shares recipes for all varieties of chocolate cakes, from the basic to those which push your mug-cake-making skills to the max, like the swirl marshmallow or marble cake. Use your chocolate favorites like Nutella or Oreos to make irresistible cakes in a matter of minutes--these cakes are perfect for when you're low on ingredients or looking for a quick treat!

### **Bigger Bolder Baking**

Don't think you can make a warm, gooey homemade cake in under five minutes? Think again! Quick and Easy Mug Cakes is the perfect gift for anyone with a mug, a microwave, and a dream. With over 75 delectable recipes for cakes, brownies, cookies, and more, every single recipe can be made in an ordinary, microwave-safe mug in just a few minutes. Author Jennifer Lee, creator of the food blog Kirbie's Cravings, guides you through simple recipe favorites like: 2-Ingredient Flourless Nutella® Cake Salted-Caramel Chocolate Cake Funfetti Cake S'mores Cake Strawberries & Cream Cake Chocolate Peanut Butter Cake Red Velvet Cake Lemon Dream Cake and dozens more! Featuring special chapters like Skinny Mug Cakes (all under 200 calories!), Gluten-Free Mug Cakes, and even 4-Ingredients-or-Less Mug Cakes, there is no excuse for eating tasteless, packaged desserts anymore. Every recipe in Quick and Easy Mug Cakes is simple, fast, and delicious. The best part? If you mix your ingredients right in your favorite mug, there is next to no cleanup!

### **Bake with Shivesh**

Fuel up like 2017 New York City Marathon Champion Shalane Flanagan From world-class marathoner and 4-time Olympian Shalane Flanagan and chef Elyse Kopecky comes a whole foods, flavor-forward cookbook--and New York Times bestseller--that proves food can be indulgent and nourishing at the same time. Finally here's a cookbook for runners that shows fat is essential for flavor and performance and that counting calories, obsessing over protein, and restrictive dieting does more harm than good. Packed with more than 100 recipes for every part of your day, mind-blowing nutritional wisdom, and inspiring stories from two fitness-crazed women that became fast friends more than 15 years ago, Run Fast. Eat Slow. has all the bases covered. You'll find no shortage of delicious meals, satisfying snacks, thirst-quenching drinks, and wholesome treats--all made without refined sugar and flour. Fan favorites include Can't Beet Me Smoothie, Arugula Cashew Pesto, High-Altitude Bison Meatballs, Superhero Muffins, Kale Radicchio Salad with Farro, and Double Chocolate Teff Cookies.

### **250 Best Meals in a Mug**

The Super Easy 5 Ingredient Cookbook makes wholesome, everyday meals easier with minimal time, effort, and money. A handful of the right ingredients can make eating fresh easy every day. The Super Easy 5 Ingredient Cookbook offers the easiest whole foods recipes to whip up 5 ingredient meals to save you time, effort, and money. This 5 ingredient cookbook limits the time and effort you spend shopping, prepping, and cooking with 5 or fewer affordable, everyday ingredients. To add efficiency to convenience, the recipes in The Super Easy 5 Ingredient Cookbook are classified by 30 minutes or less, one-vessel, no cook, and freezer-friendly dishes. From Spaghetti Squash Pomodoro to Rosemary-Garlic Pork Tenderloin, The Super Easy 5 Ingredient Cookbook makes good meals effortless with: Kitchen hacks that offer smart shopping tips, meal planning basics, and pantry essentials 5 simple ingredients that are easy to find in any standard grocery store 100 super easy recipes that use few ingredients and are classified as one-pot, one-pan, one-dish, freezer-friendly, no cook, or 30-minute dishes You don't need to give up convenience for a fresh, homemade dinner. The Super Easy 5 Ingredient Cookbook gives you all of the ingredients you need to keep it simple in the kitchen.

### **Easy Cake Cookbook**

Washington Post Bestseller! — Jenn Segal's Family-Friendly Healthy Cookbook If you're a fan of Chrissy Teigen, Skinnytaste, Pioneer Woman, or Oh She Glows cookbooks, you'll love Once Upon a Chef Become the favorite family chef: Once upon a time Jenn Segal went to culinary school and worked in fancy restaurants. One marriage and two kids later she created Once Upon a Chef, the popular blog that applies her tried-and-true chef skills with delicious, fresh, and approachable ingredients for family-friendly meals. In Jenn's book she shares 100 recipes that will up your kitchen game while surprising you with their ease. With the authority of a professional chef and the practicality of a busy working mom, Jenn teaches you to improve your cooking one recipe at a time, with helpful tips on topics such as how to season correctly with salt, how to balance flavors, and how to make the most of leftovers. The healthy cookbook for every meal of the day: Breakfast favorites like Maple, Coconut & Blueberry Granola and Savory Ham & Cheese Waffles Simple soups, salads, and sandwiches for ideal lunches (try the Fiery Roasted Tomato Soup paired with Smoked Gouda & Pesto Grilled Cheese Sandwiches) Entrées the whole family will love like Buttermilk Fried Chicken Tenders Tasty treats for those casual get-togethers like Buttery Cajun Popcorn and Sweet, Salty & Spicy Pecans Go-to sweets such as Toffee Almond Sandies and a Classic Chocolate Lover's Birthday Cake If you have used recipes from Magnolia Table or Smitten Kitchen, you will want to own Once Upon a Chef: Flip through the pages of this book, and you'll want to make every recipe—whether it's an easy family dinner your kids will love, an indulgent dessert for someone special, or fun cocktails and appetizers for your friends. This is the book you'll turn to again and again, and with Jenn by your side in the kitchen, every meal will taste like the best night out!

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