

## **Drunvalo Melchizedek The Ancient Secret Of The Flower Of Life Volume 1**

What to Eat for How You Feel  
The Ancient Secret of the Flower of Life, Volume 2  
365 Ways to Raise Your Frequency  
The Emerald Tablets of Thoth The Atlantean  
The Ancient Secret of the Flower of Life  
Living in the Heart  
You Are a Goddess  
The Book of Flower Spells  
The Ancient Secret of The Flower of Life : Vol.2  
Serpent of Light: Beyond 2012  
The Ancient Secret of the Flower of Life, Volume 1  
The Source Field Investigations  
Secret Millionaires Club  
Something in this Book is True--Frequency  
The Ancient Secret of the Flower of Life  
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Deep Truth  
Edgar Cayce and the Secret of the Golden Flower  
Flower of Life  
The Ancient Secret of the Flower of Life: Remembering our ancient past  
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Heart Imagery  
Opening to Channel  
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The Five Levels of Attachment  
Waking Up in 5D  
Sacred Geometry and Magical Symbols  
From Light Into Darkness  
The Power of Chakras  
Angel Medicine  
The Music of the Spheres  
The Whole  
30 Day by Day  
If You Love Books, You Could Be  
Anatomy Of A Rose  
How to Write Better Essays

### **What to Eat for How You Feel**

The Power of Chakras reveals the truth that has been concealed until now—astonishing secrets about the human energy field. Dr. Susan Shumsky has delved into the ancient Tantric and Vedic literature to uncover the veiled mysteries of the ages, where the most authentic information about the 7 chakras, 7 sub chakras, and the subtle energy system can be found. Until now, much of this wisdom has been locked in hiding places in the forests and caves of India and Tibet. This COVR Award-winning book is now offered as a new edition. Highly praised by spiritual masters from India as well as thousands of grateful readers, it has been hailed as the “quintessential reference on the subject.” By reading this valuable book, you will: Discover your subtle body and energy field and how to heal blockages. Gain understanding of Kundalini energy and the chakra system. Learn to maintain health of your energy field.

### **The Ancient Secret of the Flower of Life, Volume 2**

Heart Imagery - A Path to Enlightenment is a continuation of the book This Now is Eternity, revealing exercises and meditations related to the most ancient spiritual system: Heart Imagery. It is a treasure full of advice, meditations and exercises that come directly from two of the last Great Masters of Heart Imagery. These Masters lived in the Tibetan area, but that isnt relevant. Like other Great Masters of Imagery (Anastasia from Russia, Colette Aboulker-Muscat from Jerusalem and Ana Pricop from Romania), the location and the time during which they lived was of no consequence. They were able to

change anything: the past, the present and the future. They could reverse any action or thought. This is beyond our understanding. Remember that everything around you is a dream and that you can awaken at any moment if you really wish to. Daniel Mitel For more information, visit: [www.danielmitel.com](http://www.danielmitel.com) & [www.heartimagery.org](http://www.heartimagery.org)

## **365 Ways to Raise Your Frequency**

Follows the adventures of Harutaro as he returns to school after recovering from a serious illness to find some students doing their best to make him feel welcome, while others appear determined to give him more than a hard time.

## **The Emerald Tablets of Thoth The Atlantean**

The history of the Emerald Tablets is strange and beyond the belief of modern scientists. Their antiquity is stupendous, dating back some 36,000 years B.C The author is Thoth, an Atlantean Priest-King who founded a colony in ancient Egypt, wrote the Emerald Tablets in his native Atlantean language which was translated by Dr. Michael Doreal. This edition of the Emerald Tablets is unique in that it includes both the translation and interpretation by Dr. Doreal. Because of the tablet's reference to the Egypt and sacred geometry they became a priority reference for those studying the Flower of Life and the Merkaba meditation. As requested by the Flower of Life Organization, this edition offers Dr. Doreal's translation and interpretation in a side-by-side study format.

## **The Ancient Secret of the Flower of Life**

Have you ever wondered why some people can produce a well-structured, relevant essay written in a style that seems to glide across the page with the minimum of fuss? Do you think some people simply have these skills, and others don't, and that there is nothing we can do about it? This book just might change your mind. Addressing each landmark stage of the essay writing process, *How to Write Better Essays* teaches you how to • analyse the question and break down difficult terms and concepts • brainstorm effectively and generate your own ideas • evaluate and criticise arguments • express your thoughts coherently and develop your own style of writing • plan and structure your essay from introduction to conclusion and along the way, practical techniques show how to analyse, criticise, discuss and evaluate material, improve your style, revise your final draft and avoid plagiarism. This second edition features a unique troubleshooting section allowing you easily to locate solutions to your writing problems, additional chapters on paragraphs and style, and end of chapter summaries. In short, this book is the constant source of assistance and inspiration you need to tackle your essays with confidence!

## **Living in the Heart**

Moving into the Heart There is movement associated with entering the sacred space of the heart. Without this movement, your brain only imagines that you are in the sacred space of the heart, but this is not true. In Journeys into the Heart, you will find exercises that show you how to move your spirit there. If you have never done this before, it may seem a little strange, but you will get it. The master authorized to guide you into your heart is the spirit behind the eyes reading these words now. That is you. Read and enjoy practicing and applying all the methods we offer you. Decide the appropriate one for you. Then practice, practice, and practice again, and remember who you really are. Last, read about our experiences entering the heart, about the prayer of the heart, and living in the heart. You might find them very helpful on your own spiritual journey. Remember, you and I are alike. I am you and you are me. --Drunvalo Melchizedek and Daniel Mitel

## **You Are a Goddess**

All symbols originate in geometric figures which give form to the observed world as well as the microcosm and macrocosm. Sacred geometry is a teaching that focuses on geometric proportions and patterns in nature. The knowledge of magical symbols and sacred geometry was revered and preserved by many ancient civilisations including those in Mesopotamia, Egypt, India and Greece. Magical symbols and geometry worked together as keys to understanding nature and the philosophical meaning of existence. This book is a simple guide to understanding magical symbols by taking in account their original geometric patterns and mythological correlations. Each chapter addresses a different geometric figure and its derived magical symbols. It's a journey from the source shape of the circle, the well from which the other shapes arise, to the Tree of Life where they all connect.

## **The Book of Flower Spells**

"(James) relishes the sheer quirkiness of intellectual history, rescuing some of the battier beliefs of scientists and composers from the revisionism of textbook biographies and producing a graceful and entertaining account of matters seldom presented to the general reader."-THE NEW YORKER "A provocative, engaging reassessment of the Western musical tradition and its relation to science." -PUBLISHERS WEEKLY

## **The Ancient Secret of The Flower of Life : Vol.2**

An internationally recognized clairvoyant empath introduces the concept of "vibrational beings" to explain how a person's thoughts, emotions, and natural frequencies affect the self and one's surrounding world, in a guide that reveals how to calm

the mind in order to achieve a natural and more peaceful state of existence. 35,000 first printing.

## **Serpent of Light: Beyond 2012**

Connect with your core spiritual self and increase your vibrational rate with 365 easy ideas quick enough to enjoy every day. When you use this guide to raise your frequency, you empower yourself to turn positive energy into happiness and abundance. Elevated spiritual energy attracts purpose and joy into your life. Use these inspiring daily entries to create positive intention as you discover: How to identify your present frequency and build a foundation for growth Simple exercises for letting go of the negative energy that lowers your frequency Techniques for interpreting messages from your spirit guides Creative ways to use crystals, stones, and colors to attract positive energy

## **The Ancient Secret of the Flower of Life, Volume 1**

### **The Source Field Investigations**

The Melchizedek teachings are undoubtedly the first on every inhabited world as they are considered to be the basis of any civilization. This first book of The Melchizedek Teachings series clarifies a subject that is very important in our times: the higher self and the ascension process.

### **Secret Millionaires Club**

The follow-up to Nothing in This Book is True, this book continues the themes and ideas, focusing on the world changes ahead, and how our polarity consciousness must move towards integration and to a unity consciousness. The tools in this book are there to help us realize our energies and potentials. Subjects include: awareness, integration, choice, victim consciousness, Higher Selves, the coming Earth changes, alien intervention, the secret government and inner authority.

### **Something in this Book is True--**

Ayurveda is the lifestyle and diet of yoga, and is right at the tip of the wellness zeitgeist. There is a gap in the marketplace for a beautiful, illustrated cookbook with delicious innovative recipes, adapted to the contemporary western palette. This indispensable Ayurvedic kitchen companion will inspire health conscious yogis and non-yogis alike to embark on a flavorful journey that will open them to a new personalized relationship with food. What to Eat for How You Feel translates the

foundations of the ancient wisdom of Ayurveda and stimulates the senses with over 100 imaginative, globally inspired, seasonal recipes adapted for modern lifestyles. The basic principal of the Ayurveda diet is a vegetarian diet with a focus on whole foods and seasonal fresh produce, taken to the next level by tuning people in to the rhythms of nature and teaching them how to select foods according to the seasons and their individual constitution and need for balance.

## **Frequency**

### **The Ancient Secret of the Flower of Life**

De auteur beschrijft openhartig zijn eigen leven en werk, met beschrijving van eeuwenoude en moderne technieken op de geometrie betrekking hebbend, als doel mensen een beter spiritueel leven te laten leiden.

## **Journeys Into the Heart**

A step-by-step guide to the art of channeling for those who wish to connect with a spirit guide. By using this safe, simple, and effective process, thousands have achieved mastery with their higher selves. (Channeling)

### **The Ancient Secret of the Flower of Life, Volume 1**

When Doreen Virtue visited Santorini Island in Greece recently, she was contacted by a powerful group of angels calling themselves the "angels of Atlantis." Doreen was then taken on an amazing spiritual adventure, where she uncovered the ancient secrets of the healing temples of the lost civilizations of Atlantis. Doreen found that her previous healing work with the angels, as well as the thousands of case studies of angelic healing that she'd amassed over the years, dovetailed perfectly with the messages from the angels of Atlantis. Part spiritual adventure story and part reference book, Angel Medicine is a three-part work that relates the exciting story of Doreen's recovery of memories of Atlantean healing methods along with messages from the Egyptian and Greek prophet and deity Hermes and the angels. The second and third parts of the book reveal the scientific studies, case studies, methods, and charts supporting the importance of love and light in healing. Whether you want to heal yourself or someone else, you're sure to gain additional faith and understanding from reading Angel Medicine.

## **Deep Truth**

Once, all life in the universe knew the Flower of Life as the creation pattern - the geometrical design leading us into and out of physical existence. Then from a very high state of consciousness we fell in darkness and forgot who we were. For thousands of years the secret was held in ancient artifacts and carvings around the world, and encoded in the cells of all life. Here Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty. Sacred Geometry is the form beneath our being and points to a divine order in our reality. We can follow that order from the invisible atom to the infinite stars, finding ourselves at each step. The information here is one path, but between the lines and drawings lie the feminine gems of intuitive understanding. Explore the miracle of our existence by meandering through the wonderland of geometry, science, ancient history and new discovery, seen through the widened vision of Drunvalo and the Flower of Life. Volume 2 will explore in great detail the Mer-Ka-Ba, the 55-foot-diameter energy field of the human lightbody. This knowledge leads to ascension and the next dimensional world. About the Author Drunvalo Melchizedek's life experience reads like an encyclopedia of breakthroughs in human endeavor. He studied physics and art at the University of California at Berkeley, but he personally feels that his most important education came after college. In the last 25 years he has studied with over 70 teachers from all belief systems and religious understandings, providing him with a wide breadth of knowledge, compassion and acceptance. Not only is Drunvalo's mind exceptional, but his heart, his warm personality, his love for all life everywhere, is immediately understood and felt by anyone who meets him. For some time now he has been bringing his vast vision to the world through the Flower of Life program and the Mer-Ka-Ba meditation.

## **Edgar Cayce and the Secret of the Golden Flower**

Building on the esoteric information first revealed in Land of Osiris, this exciting book presents more of Abd'El Hakim's oral traditions, with radical new interpretations of how religion evolved in prehistoric and dynastic Khemit, or Egypt. \* Have popular modern religions developed out of practices in ancient Egypt? \* Did religion in Egypt represent only a shadow of the spiritual practices of prehistoric people? \* Have the Western Mystery Schools such as the Rosicrucian Order evolved from these ancient systems? \* Author Mehler explores the teachings of the King Akhenaten and the real Moses, the true identity of the Hyksos, and Akhenaten's connections to The Exodus, Judaism and the Rosicrucian Order. Here for the first time in the West, are the spiritual teachings of the ancient Khemitians, the foundation for the coming new cycle of consciousness—The Awakening; more.

## **Flower of Life**

Reveals common themes in today's most hotly debated issues, explaining how disparate opinions stem from false

assumptions and how major conflicts can be resolved by making the most recent scientific discoveries available to all.

## **The Ancient Secret of the Flower of Life: Remembering our ancient past**

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.

## **The Gene Keys**

## **The Ancient Secret of the Flower of Life, Volume 2**

Assesses the scientific, cultural, and historical relevance of the year 2012, covering such topics as consciousness science, wormholes, the Mayan calendar, and three-dimensional time.

## **The Melchizedek Teachings**

The book begins by introducing the reader to a fantastic possibility - that humanity may be on the verge of a major shift in consciousness rooted in a new understanding of how our DNA operates - namely that it is programmed directly by the way we think and feel. This is a highly ambitious and sophisticated system for shaping one's destiny. Based around 64 archetypes, it resembles the I Ching in its vast scope and profound importance, and in the resonant character of its

symbolism. The author shows how there are two ways to approach the Gene Keys - the analogue (holistic) way and the digital (detailed) way. It is the combining of both analogue and digital that results in contemplation - the primary pathway into the Gene Keys. Since our beliefs shape our genes, when we change our beliefs, we change the chemistry of our body. The Gene Keys are an inner language whose central purpose is to transform our core beliefs about ourselves, thus raising our lives onto a new level of awareness. The book works alongside state-of-the-art online profiling software. This software will provide instantaneous free profiles known as 'Hologenic Profiles', which uses astrological data (time, date and place of birth) to generate a unique sequence of Gene Keys that relate to many aspects of your life, including the underlying genetic patterns governing your relationships, your finances, your health and your life purpose. As the reader contemplates the 64 Gene Keys over time and applies their insights in his or her own life, so one's belief system will begin to change and our DNA will actually start to transform the way we think and feel.

## **Heart Imagery**

Edgar Cayce's spiritual philosophy is a perfect complement to the lessons in the ancient Chinese Tao in the book, *The Secret of the Golden Flower: A Chinese Book of Life*. Both teach that we are personalities in material bodies surrounded by a world of activity and relationships. Ultimately, we are celestial beings, sparks of life, only temporarily incarnating through these three-dimensional bodies and physically focused minds.

## **Opening to Channel**

Learn all about the careers you could have if you love books in this nonfiction Level 2 Ready-to-Read, part of a series that gives readers a sneak peek at how they can turn their passions into careers! Do you love books? Then you could be a librarian, an editor, or a book designer when you grow up! Learn about these careers and many more in this book that includes a glossary and backmatter section of even more cool jobs for kids who love reading!

## **Animal Tarot Cards**

A daily companion to the Whole30 program provides tips, tricks, hacks, and advice to help readers stick with the routine and succeed.

## **The Astrology of 2012 and Beyond**

You know 'the Goddess' as a divine feminine figure of myth, art and faith - but are you aware that the Goddess is a life force

that lives in you? Join Sophie Bashford as she shares intuitively channelled messages, beautiful guided meditations and moving personal experiences to help you heal your fears, awaken your dreams and transform your life.

## **The Five Levels of Attachment**

In October 2007, a new phenomenon appeared in the sky, was named the Comet Holmes, and is being claimed and acclaimed by the Hopi Nation as the Blue Star of their prophecy. The Blue Star is the harbinger. Between now and somewhere in 2013-2014, when the Red Star appears, great shifts in human consciousness will continue. With the fulfillment of the Mayan Long Count calendar in 2012 and the appearance of the Red Star, many are predicting that human consciousness will rise to the next level. Although there may be catastrophic events associated with this period, and life as we know it will surely change, if we do the work, this will not be the Apocalypse. In *The Astrology of 2012 and Beyond*, Garrison explores the changing sky, starting with the movement of Pluto into Capricorn, a region it hasn't inhabited since 1733. It's revolutionary times coming for individuals, governments, and the planet. Garrison draws on traditional astrology and her understanding of the Hopi prophecies and their relationship to the Mayan 2012 predictions, as well as the ending of the 13,000 year masculine kundalini cycle, to offer practical advice and information that will help us evolve through the next four years, including what to expect during the nearly inevitable polar shift.

## **Waking Up in 5D**

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.

## **Sacred Geometry and Magical Symbols**

The Five Levels of Attachment picks up from where Don Miguel Ruiz, Jr's father's book, The Four Agreements, left off. Building on the principles found in his father's international bestseller (2.5 million copies sold in the US), Don Miguel explores the ways in which we attach ourselves inappropriately to beliefs and the world. This is ancient wisdom for finding your true self. Ruiz explores the five levels of attachment that cause suffering in our lives. The five levels are: • Authentic Self • Preference • Identification • Internalization • Fanaticism Accessible and practical, The Five Levels of Attachment invites us to look at our own lives and see how an unhealthy level of attachment can keep us trapped in a psychological and spiritual fog. He then teaches us to reclaim our true freedom by cultivating awareness, detaching, and discover our true selves.

## **From Light Into Darkness**

Beautiful to behold and sacred throughout time, flowers hold powerful nature magick, entwined with the rhythms of the Earth. Work with flowers to create your own powerful and divine spells for the change, support, and inspiration you seek in life, love, and happiness. Along with 60 sacred flower spells from Cheralyn Darcey's personal nature grimoire, The Book of Flower Spells includes spell-casting and spell-crafting basics, information on magical gardening and supply sourcing, and dedicated lessons on how to write and cast your own spells. To complete your treasury of flower nature magick, a beautifully illustrated personal grimoire journal section is provided as a place for you to keep your flower spells.

## **The Power of Chakras**

In Anatomy of a Rose , Sharman Apt Russell eloquently unveils the "inner life" of flowers. From their diverse fragrances to their nasty deceptions, Russell proves that, where nature is concerned, "wonder is not only our starting point, it can also be our destination." Throughout this botanical journey, she reveals that the science behind these intelligent plants-how they evolved, how they survive, how they heal-is even more awe-inspiring than their fleeting beauty. Russell helps us imagine what a field of snapdragons looks like to a honeybee, and she introduces us to flowers that regulate their own temperature, attract pollinating bats, even smell like a rotting corpse. She also delves into cutting-edge research on everything from flower senses to their healing power. Long used to ease everything from depression to childbirth, flowers are now our main line of defense against childhood leukemia and the deadly Ebola virus. In this poetic rumination, which combines graceful writing with a scientist's clarity, Russell brings together the work of botanists around the globe, and illuminates a world at once familiar and exotic.

## **Angel Medicine**

"Here, Drunvalo Melchizedek presents in text and graphics the first half of the Flower of Life Workshop, illuminating the mysteries of how we came to be, why the world is the way it is and the subtle energies that allow our awareness to blossom into its true beauty." --COVER.

## **The Music of the Spheres**

Tools and teachings to guide you in the transition from the polarized mindset of the 3rd dimension to the joy and love of 5th dimensional vibrations • Explains how to recognize the 5D experiences you've already had, identify the differences between 3D linear thinking and 5D multidimensional thinking, and turn 3D viewpoints around to expand your perception of what is possible • Includes exercises to protect your energies, especially while sleeping, and Sacred Geometry meditations to open yourself to higher frequencies • Reveals how to develop a Higher Self connection, increase your sensitivity to dimensional signatures, and consciously choose 5D, where love is the governing force We are all transitioning from the narrowly-focused and polarized awareness of the Third Dimension and waking up to the higher vibrations and abilities of the Fifth Dimension. Each of us has already experienced 5D: Think about your most memorable and uplifting experiences of the recent past--where everything went well, interactions were harmonious and loving, and all felt blissful and happy--that's 5D. For some, the shift is sudden and permanent, but for many of us, the change is gradual, coming in fleeting moments and waves. In this ascension manual, spiritual teacher Maureen J. St. Germain explains how to shift your energetic patterns and choose to permanently anchor yourself in the joy, love, and kindness of 5D. Guiding you through the opportunities the Fifth Dimension has to offer, the author reveals how to develop a Higher Self connection, increase your sensitivity to dimensional signatures, and consciously choose 5D, where love is the governing force. She shows how 5D relates to 3D as well as to 4D, the transitional dimension between the two, and explains how to read the energy patterns that distinguish one dimension from the next as well as how to experience multiple dimensions simultaneously. She explores how to identify the differences between "good vs. evil" polarized 3D linear thinking and dynamic 5D multidimensional thinking and how to turn 3D viewpoints around to expand your perception of what is possible. Offering eye-opening stories of 5D experiences from students and inspiring information from her spirit guides, the author also details exercises to protect your energies, especially while sleeping, and provides Sacred Geometry meditations to activate your 8th chakra and open yourself to higher frequencies. She also explores how awakening to 5D allows you to form a strong bond to global consciousness, so your personal transformations will have a more profound impact on the people in your circle, and beyond.

## **The Whole30 Day by Day**

Priceless finance advice everyone can relate to from one of the world's most respected businessmen and the most successful investor of all time. Of course you know who Warren Buffett is; he's the most successful investor in the world—maybe of all times. But what do you know about his approach to business and investing? It's an approach that, over the past four decades, has made him the richest man in America and the third-richest man in the world, and that has earned vast fortunes for his business partners and investors. But as Buffett himself will tell you, at the heart of any wealth-building system there are certain core beliefs, not just about finance, but about business, work, morality, your responsibility to yourself, your family and society, and about living a decent life. Written in conjunction with the hit television series, "Secret Millionaire Club" and with Buffett's input and full support, this book makes Buffett's financial philosophy and homespun life lessons available to everyone outside his "Secret Club." Warren Buffett's goal in spearheading this book was to share lessons about personal finance he has learned and that he hopes will benefit you (and your kids) for a lifetime. You'll learn the fundamentals of personal finance by reading Warren Buffett's war stories and personal reflections on money, life, business, ethics and more. All of the finance principles covered in the book were personally approved by Warren Buffett as those which he himself follows. Unforgettable Buffett quotes include: "Price is what you pay. Value is what you get"; "Risk comes from not knowing what you're doing"; and "Profit from folly rather than participate in it."

## **If You Love Books, You Could Be**

Long ago we humans used a form of communication and sensing that did not involve the brain in any way; rather, it came from a sacred place within our hearts. What good would it do to find this place again? This is a book of remembering. You have always had this place within your heart, and it is still there now. It existed before creation, and it will exist even after the last star shines its brilliant light. At night when you enter your dreams, you leave your mind and enter the sacred space of your heart. But do you remember? Or do you only remember the dream? Why am I telling you about this "something" that is fading from our memories? What good would it do to find this place again in a world where the greatest religion is science and the logic of the mind? Don't I know where emotions and feelings are second-class citizens? Yes, I do. But my teachers have asked me to remind you who you really are. You are more than just a human being, much more. For within your heart is a place, a sacred place, where the world can literally be remade through conscious cocreation. If you really want peace of spirit and if you want to return home, I invite you into the beauty of your own heart. With your permission, I will show you what has been shown to me. I will give you the exact instructions to the pathway into your heart where you and God are intimately one. It is your choice. But I must warn you: Within this experience resides great responsibility. Life knows when a spirit is born to the higher worlds, and life will use you as all the great masters who have ever lived have been used. If you read this book and do the meditation and then expect nothing to change in your life, you may get caught spiritually napping. Once you have entered the light of the great darkness, your life will change -- eventually, you will remember who you really are.

## **Anatomy Of A Rose**

The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth of science, stories, logic, and coincidence on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation--step-by-step techniques for the re-creation of the energy field of the evolved human--which is the key to ascension and the next dimensional world. If done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others, and even of the planet. You may discover a memory or a fleeting reflection of yourself in the following topics: - The Unfolding of the Third Informational System: the circles and squares of human consciousness, Leonardo da Vinci's true understanding of the Flower of Life, and exploring the rooms of the great pyramid - Whispers From Our Ancient Heritage: the initiations of Egypt, the mysteries of resurrection, interdimensional conception, ancient mystery schools, Egyptian tantra, and sexual energy and the orgasm - Unveiling the Mer-Ka-Ba Meditation: chakras and the human energy system, energy fields around the body, the seventeen breaths of the Mer-Ka-Ba meditation, and the sacred geometry of the human lightbody.

## **How to Write Better Essays**

Every 13,000 years on Earth a sacred and secret event takes place that changes everything. Mother Earth's Kundalini energy emerges from its resting place in the planet's core and moves like a snake across the surface of our world. Once at home in ancient Lemuria, it moved to Atlantis, then to the Himalayan mountains of India and Tibet, and with every relocation changed our idea of what spiritual means. And gender. And heart. This time, with much difficulty, the "Serpent of Light" has moved to the Andes Mountains of Chile and Peru. Multi-dimensional, multi-disciplined and multi-lived, for the first time in this book, Drunvalo begins to tell his stories of 35 years spent in service to Mother Earth. Follow him around the world as he follows the guidance of Ascended Masters, his two spheres of light, and his own inner growing knowledge. His story is a living string of ceremonies to help heal hearts, align energies, right ancient imbalances, and balance the living Earth's Unity Consciousness Grid-in short to increase our awareness of the indivisibility of life in the universe. We are all rocks and people and interdimensional beings-one!" Life may seem to be business as usual, but it is not. We are changing

fast Remember this for life is going to present stranger things to you in your lifetime, and they all have meaning and purpose Only Mother Earth and ancient Maya know what's going to happen." - from Serpent of Light.

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