

Demenza Digitale Come La Nuova Tecnologia Ci Rende Stupidi

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Nuova enciclopedia italiana: Testo

The Behavioral Neurology of Dementia is a comprehensive textbook that offers a unique and modern approach to the diagnosis and treatment of patients with dementing conditions in the twenty-first century. The coverage is broad, ranging from common conditions such as Alzheimer's disease, Parkinsonian disorders, vascular and frontotemporal dementia, to the more obscure such as Creutzfeldt-Jakob disease. Subtypes of mild cognitive impairment are presented and the early prodromes of neurodegenerative diseases are explored. Simple approaches to bedside mental status testing, differential diagnosis and treatment, genetic testing, interpreting neuropsychological testing and neuroimaging findings, and assessing rapidly progressive dementias, paraneoplastic syndromes and disorders of white matter give guidance to both the novice and expert in dementia. The basic science of dementia is outlined in introductory chapters on animal models of dementia, dementia epidemiology and dementia neuropathology.

The Alzheimer's Prevention Plan

Christianity and the Transformation of the Book combines broad-gauged synthesis and close textual analysis to reconstruct the kinds of books and the ways of organizing scholarly inquiry and collaboration among the Christians of Caesarea, on the coast of Roman Palestine. The book explores the dialectical relationship between intellectual history and the history of the book, even as it expands our understanding of early Christian scholarship.

Rete, oppio dei popoli

Outlines a persuasive argument for technology's capacity for improving natural cognitive abilities, explaining how the strengths of technology and the brain can be combined to improve thinking power.

Brain Gain

This wise and funny book presents a revolutionary yet highly practical approach to childcare: leave them alone. "The Idle Parent came as a huge relief to the whole family. Suddenly, it was okay to leave the kids to sort it out among themselves. Suddenly, it was okay to be responsibly lazy. This is the most counterintuitive but most helpful and consoling child-raising manual I've yet read."--Alain de Botton, author of *The Pleasures and Sorrows of Work* and *The Consolations of Philosophy* "The most easy-to-follow-without-being-made-to-feel-inadequate parenting manifesto ever written . . . A godsend to parents."--*The Sunday Times* "Add liberal doses of music, jovial company and deep woods to play in--all central to the idle, not to say Taoist, life--and you have a recipe for bright, happy people with need of neither television nor shrink. Who could ask for more?"--*The Evening Standard* In *The Idle Parent*, the author of *The Freedom Manifesto* and *How to Be Idle* applies his trademark left-of-center theories of idleness to what can be one of the thorniest aspects of adult life: parenting. Many parents today spend a whole lot of time worrying and wondering--frantically "helicoptering" over their children with the hope that they might somehow keep (or make?) them flawless. But where is this approach to childcare getting us? According to Hodgkinson, in our quest to give our kids everything, we fail to give them the two things they need most: the space and time to grow up self-reliant, confident, happy, and free. In this smart and hilarious book, Hodgkinson urges parents to stop worrying and instead start nurturing the natural instincts toward creativity and independence that are found in every child. And the great irony: in doing so, we will find ourselves becoming happier and better parents.

Net Smart

A bestselling modern classic—both poignant and funny—about a boy with autism who sets out to solve the murder of a neighbor's dog and discovers unexpected truths about himself and the world. Nominated as one of America's best-loved novels by PBS's *The Great American Read* Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. He cannot stand to be touched. And he detests the color yellow. This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely heralded novels in recent years.

WebLife

This is a timely book. The question of how to help people with challenging behaviour -and how to design and manage services so that staff, families and users feel that what should be done is being done - is at the top of the agenda. Failure to deal competently with the issue results in disaffection, poor quality ser

vices and a less than optimal quality of life for service users. Moreover, the credibility of services for all people with learning disabilities is intimately connected with how we cope with challenging behaviour, a point made recently by a Department of Health Working Group chaired by Jim Mansell (Department of Health, 1993). The book is welcome because it draws together what is known about the important questions from a British perspective, although, of course, most of the underlying issues have world wide relevance. The contributors, while all having a good deal of experience and authority, do not put forward simple portrayals of the problems, nor glib solutions, and this is one of the book's major strengths. Clarity in the field of challenging behaviour is sometimes elusive. What is presented here forces the reader to confront arguments in a rational and logical fashion.

Aging with Grace

SELECTED AS A 2008 BEST BUSINESS BOOK OF THE YEAR BY THE ECONOMIST The Net Generation Has Arrived. Are you ready for it? Chances are you know a person between the ages of 11 and 30. You've seen them doing five things at once: texting friends, downloading music, uploading videos, watching a movie on a two-inch screen, and doing who-knows-what on Facebook or MySpace. They're the first generation to have literally grown up digital--and they're part of a global cultural phenomenon that's here to stay. The bottom line is this: If you understand the Net Generation, you will understand the future. If you're a Baby Boomer or Gen-Xer: This is your field guide. A fascinating inside look at the Net Generation, *Grown Up Digital* is inspired by a \$4 million private research study. New York Times bestselling author Don Tapscott has surveyed more than 11,000 young people. Instead of a bunch of spoiled "screenagers" with short attention spans and zero social skills, he discovered a remarkably bright community which has developed revolutionary new ways of thinking, interacting, working, and socializing. *Grown Up Digital* reveals: How the brain of the Net Generation processes information Seven ways to attract and engage young talent in the workforce Seven guidelines for educators to tap the Net Gen potential Parenting 2.0: There's no place like the new home Citizen Net: How young people and the Internet are transforming democracy Today's young people are using technology in ways you could never imagine. Instead of passively watching television, the "Net Geners" are actively participating in the distribution of entertainment and information. For the first time in history, youth are the authorities on something really important. And they're changing every aspect of our society--from the workplace to the marketplace, from the classroom to the living room, from the voting booth to the Oval Office. The Digital Age is here. The Net Generation has arrived. Meet the future.

Severe Learning Disabilities and Challenging Behaviours

Neurobiological research helps explain the experience of motherhood. This book, the exciting collaboration of a developmental psychoanalyst at the forefront of functional magnetic resonance attachment research and a leading neurobiological researcher on mirror neurons, presents a fresh and innovative look at intersubjectivity from a neurobiological and developmental perspective. Grounding their analysis of intersubjectivity in the newest advances from developmental neuroscience, modern attachment theory, and relational psychoanalysis, Massimo

Ammaniti and Vittorio Gallese illustrate how brain development changes simultaneously with relationally induced alterations in the subjectivities of both mother and infant. Ammaniti and Gallese combine extensive current interdisciplinary research with in-depth clinical interviews that highlight the expectant mother's changing subjective states and the various typologies of maternal representations. Building on Gallese's seminal work with mirror neurons and embodied simulation theory, the authors construct a model of intersubjectivity that stresses not symbolic representations but intercorporeality from a second-person perspective. Charting the prenatal and perinatal events that serve as the neurobiological foundation for postnatal reciprocal affective communications, they conclude with direct clinical applications of early assessments and interventions, including interventions with pregnant mothers. This volume is essential for clinicians specializing in attachment disorders and relational trauma, child psychotherapists, infant mental health workers, pediatricians, psychoanalysts, and developmental researchers. It combines fascinating new information and illustrative clinical experience to illustrate the early intersubjective origins of our own and our patients' internal worlds.

Everything Bad is Good for You

In 1986 Dr. David Snowdon, one of the world's leading experts on Alzheimer's disease, embarked on a revolutionary scientific study that would forever change the way we view aging—and ultimately living. Dubbed the “Nun Study” because it involves a unique population of 678 Catholic sisters, this remarkable long-term research project has made headlines worldwide with its provocative discoveries. Yet *Aging with Grace* is more than a groundbreaking health and science book. It is the inspiring human story of these remarkable women—ranging in age from 74 to 106—whose dedication to serving others may help all of us live longer and healthier lives. Totally accessible, with fascinating portraits of the nuns and the scientists who study them, *Aging with Grace* also offers a wealth of practical findings:

- Why building linguistic ability in childhood may protect against Alzheimer's
- Which ordinary foods promote longevity and healthy brain function
- Why preventing strokes and depression is key to avoiding Alzheimer's
- What role heredity plays, and why it's never too late to start an exercise program
- How attitude, faith, and community can add years to our lives

A prescription for hope, *Aging with Grace* shows that old age doesn't have to mean an inevitable slide into illness and disability; rather it can be a time of promise and productivity, intellectual and spiritual vigor—a time of true grace.

The Curious Incident of the Dog in the Night-Time

Homo Zappiens

From the New York Times bestselling author of *How We Got To Now* and *Farsighted* Forget everything you've ever read about the age of dumbed-down, instant-gratification culture. In this provocative, unfailingly intelligent, thoroughly researched, and surprisingly convincing big idea book, Steven Johnson draws from fields as diverse as neuroscience, economics, and media theory to argue that the

pop culture we soak in every day—from Lord of the Rings to Grand Theft Auto to The Simpsons—has been growing more sophisticated with each passing year, and, far from rotting our brains, is actually posing new cognitive challenges that are actually making our minds measurably sharper. After reading Everything Bad is Good for You, you will never regard the glow of the video game or television screen the same way again. With a new afterword by the author.

Ricerca di scienze. Dar prova e far conoscere la demenza digitale

An accessible, authoritative book aimed at the clinician, The Oxford Textbook of Cognitive Neurology and Dementia covers the dramatic developments that have occurred in basic and clinical neuroscience in an integrated fashion. With contributions from a range of international experts, this is the one essential textbook for clinicians with an interest in cognition and dementia - including neurologists, geriatricians and psychiatrists. A textbook that is more than the sum of its constituent parts, it provides a powerful means of bringing together different aspects of conceptual understanding and factual knowledge in a way that usually can only come after many years in the field.

International Perspectives on Spinal Cord Injury

An illuminating dive into the latest science on our brain's remarkable learning abilities and the potential of the machines we program to imitate them The human brain is an extraordinary machine. Its ability to process information and adapt to circumstances by reprogramming itself is unparalleled and it remains the best source of inspiration for recent developments in artificial intelligence. In How We Learn, Stanislas Dehaene decodes the brain's biological mechanisms, delving into the neuronal, synaptic, and molecular processes taking place. He explains why youth is such a sensitive period, during which brain plasticity is maximal, but assures us that our abilities continue into adulthood and that we can enhance our learning and memory at any age. We can all learn to learn by taking maximal advantage of the four pillars of the brain's learning algorithm: attention, active engagement, error feedback, and consolidation. The exciting advancements in artificial intelligence of the last twenty years reveal just as much about our remarkable abilities as they do about the potential of machines. How We Learn finds the boundary of computer science, neurobiology, and cognitive psychology to explain how learning really works and how to make the best use of the brain's learning algorithms, in our schools and universities, as well as in everyday life.

The Behavioral Neurology of Dementia

Recent scientific studies have brought significant advances in the understanding of basic mental functions such as memory, dreams, identification, repression, which constitute the basis of the psychoanalytical theory. This book focuses on the possibility of interactions between psychoanalysis and neuroscience: emotions and the right hemisphere, serotonin and depression. It is a unique tool for professionals and students in these fields, and for operators of allied disciplines, such as psychology and psychotherapy.

The Autistic Brain

This book reveals a remarkable paradox: what your brain wants is frequently not what your brain needs. In fact, much of what makes our brains "happy" leads to errors, biases, and distortions, which make getting out of our own way extremely difficult. Author David DiSalvo presents evidence from evolutionary and social psychology, cognitive science, neurology, and even marketing and economics. And he interviews many of the top thinkers in psychology and neuroscience today. From this research-based platform, DiSalvo draws out insights that we can use to identify our brains' foibles and turn our awareness into edifying action. Ultimately, he argues, the research does not serve up ready-made answers, but provides us with actionable clues for overcoming the plight of our advanced brains and, consequently, living more fulfilled lives.

Grown Up Digital: How the Net Generation is Changing Your World

An internationally acclaimed psychiatrist and author challenges the fears that prevent men and women from experiencing healthy, joyful and fulfilling relationships. Alexander Lowen, M.D., world famous psychiatrist and creator of Bioenergetic Analysis shows you how to resolve your fears and allow yourself to: surrender to love, let go rather than control, be rather than do, flow rather than push. Bioenergetic Analysis helps you: love in a new way, discover sexuality as authenticity, find the courage to truly be, harmonize the mind and the body, use bioenergetic exercises to heal emotional conflicts.

Christianity and the Transformation of the Book

Modern technology has enhanced many aspects of life, including classroom education. By offering virtual learning experiences, educational systems can become more efficient and effective at teaching the student population. The Handbook of Research on Collaborative Teaching Practice in Virtual Learning Environments highlights program developments in the realm of digital worlds in educational settings. Featuring pedagogical methods and topics relating to cooperative learning, hands-on curriculum, and meta-cognitive dimensions, this publication is a critical reference source for pre-service and in-service teachers, school administrators, higher education faculty, and researchers interested in virtual reality incorporation in the classroom.

The Birth of Intersubjectivity: Psychodynamics, Neurobiology, and the Self

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Oxford Textbook of Cognitive Neurology and Dementia

A media guru shows us how to use social media intelligently, humanely, and, above all, mindfully. Like it or not, knowing how to make use of online tools without being overloaded with too much information is an essential ingredient to personal

success in the twenty-first century. But how can we use digital media so that they make us empowered participants rather than passive receivers, grounded, well-rounded people rather than multitasking basket cases? In *Net Smart*, cyberculture expert Howard Rheingold shows us how to use social media intelligently, humanely, and, above all, mindfully. Mindful use of digital media means thinking about what we are doing, cultivating an ongoing inner inquiry into how we want to spend our time. Rheingold outlines five fundamental digital literacies, online skills that will help us do this: attention, participation, collaboration, critical consumption of information (or "crap detection"), and network smarts. He explains how attention works, and how we can use our attention to focus on the tiny relevant portion of the incoming tsunami of information. He describes the quality of participation that empowers the best of the bloggers, netizens, tweeters, and other online community participants; he examines how successful online collaborative enterprises contribute new knowledge to the world in new ways; and he teaches us a lesson on networks and network building. Rheingold points out that there is a bigger social issue at work in digital literacy, one that goes beyond personal empowerment. If we combine our individual efforts wisely, it could produce a more thoughtful society: countless small acts like publishing a Web page or sharing a link could add up to a public good that enriches everybody.

Educational and Cultural Challenges of the European Sustainability Model

Neuroeconomics, neuromarketing, neuroaesthetics, and neurotheology are just a few of the novel disciplines that have been inspired by a combination of ancient knowledge together with recent discoveries about how the human brain works. The mass media are full of news items featuring colour photos of the brain, that show us the precise location in which a certain thought or emotion, or even love occurs, hence leading us to believe that we can directly observe, with no mediation, the brain at work. But is this really so? This fascinating, accessible, and thought provoking new book questions our obsession with brain imaging. Written by two highly experienced psychologists, it discusses some of the familiar ideas usually associated with mind-body,

Demenza digitale. Come la nuova tecnologia ci rende stupidi

Theatre in Cyberspace

Challenging the idea that fieldwork is the only way to gather data, and that standard methods are the sole route to fruitful analysis, *Serendipity in Anthropological Research* explores the role of fortune and happenstance in anthropology. It conceives of anthropological research as a lifelong nomadic journey of discovery in which the world yields an infinite number of unexplored issues and innumerable ways of studying them, each study producing its own questions and demanding its own methodologies. Drawing together the latest research from a team of senior scholars from around the world to reflect on the experience of research, *Serendipity in Anthropological Research* presents rich new case studies from Europe and the Middle East to examine both new and old

questions in novel and enriching ways. An engaging examination of methodology and anthropological fieldwork, this book will appeal to all those concerned with writing ethnography.

Psychoanalysis and Neuroscience

Washington Post Top Memoir of 1999 An extraordinary evocation of a grown daughter's attachment to her mother, and of both women's strength and resiliency. "I Remain in Darkness" recounts Annie's attempts first to help her mother recover from Alzheimer's disease, and then, when that proves futile, to bear witness to the older woman's gradual decline and her own experience as a daughter losing a beloved parent. "I Remain in Darkness" is a new high water mark for Ernaux, surging with raw emotional power and her sublime ability to use language to apprehend her own life's particular music.

Smart future. Teaching, Digital Media and Inclusion

Many theatre educators have begun to use computer technology in a variety of ways, whether inside the classroom or by expanding the classroom by using the Internet and the World Wide Web. Similarly, theatre practitioners are increasing their potential audiences with online technology while attempting to discover how to present theatre in an interactive yet non-corporeal way. Also fascinating is how educators and practitioners can collaborate, creating online performance spaces that can be adapted for teaching, and creating online teaching techniques that can be adapted for performance. This volume of essays presents information from some of the pioneers in the field of cyberspace theatre who write of their work in both theoretical and practical terms, thus creating a kind of "Theatre and Its Double" for computers and theatre. (From the Introduction)

What Makes Your Brain Happy and Why You Should Do the Opposite

WINNER OF 'BEST NON FICTION' IN THE GOODREADS CHOICE AWARDS 2013 It's estimated that one in almost a hundred people are diagnosed as being on the autistic spectrum but there is far more hope for them today than ever before thanks to groundbreaking new research. In this fascinating and highly readable book, Temple Grandin offers her own experience as an autistic person alongside remarkable new discoveries about the autistic brain, as well as genetic research. She also highlights long-ignored sensory problems as well as the need to treat autism symptom by symptom, rather than with an umbrella diagnosis. Most exciting of all, she argues that raising and educating children on the autistic spectrum needs to be less about focusing on their weaknesses, and more about fostering their unique contributions.

That Is Not a Good Idea!

Nuova enciclopedia italiana

"Computer models can help us understand what appear to be the most private of all human experiences a mathematical theory can fundamentally change the way in which we think about learning, creativity, thinking, and acting." (x).

The Idle Parent

This book presents a detailed and updated review of the widespread changes that take place during adolescence, adopting a preventive perspective that reflects physical, social, cognitive, and emotional changes. It addresses a broad range of aspects, including: the preventive programs and their systemic effects; the role of environment in influencing the healthy behaviors of adolescents and young adults; the use of e-Health technology in health and behavioral interventions for adolescents; and the clinical and prognostic implications of primordial prevention in healthy adolescents. All of these elements are subsequently reviewed using a multidimensional approach, in order to offer extensive information on the complex changes that characterize adolescents' physiological, psychological, and neurobiological development. In addition, the book depicts the preventive strategies currently used in various social settings (school, family, sport club, health policies) aimed not only at reducing lifestyle risk behaviors, but also at improving resilience, happiness, social involvement, self-esteem, and sociability. This update is essential in the light of the fact that, to date, prevention has mainly been directed towards adolescents with physical or mental disorders rather than their healthy peers. As such, the book offers a valuable tool for pediatricians, child and adolescents psychiatrists, and for all professionals involved in Health Promotion and Disease Prevention.

I Remain in Darkness

Informationen zum Titel: Workbook + Audio CD Thorough consolidation and extension of the language and skills taught in the Student's Book gives students the confidence they need to progress Twelve playlists featuring new TED Talks and Podcasts by members of the Keynote team provide more authentic material and encourage personal engagement Six writing spreads and six presentation spreads focussing on text structure and key language develop students' ability to write and present effectively and accurately Informationen zur Reihe: Through life-changing stories, respected thinkers and authentic presentations, Keynote promotes a deeper understanding of the world and gives students the courage and means to express themselves in English. COmmunication, collaboration and creative thinking drive students towards real 21st century outcomes and encourage them to respond to ideas and find their own voice. BOth students and teachers will emerge with new confidence, new ideas and a new determination to communicate in this increasingly information-rich world of Global English. Authentic Listening - carefully selected, supported and exploited. TAIlored to work in the classroom. BOth Native Speakers and Non-Native Speakers 21st Century Skills Syllabus - Critical Thinking, Visual Literacy, Digital Literacy, Global Citizens Real World Inspiration - not only through TED Talks but also through the reading texts, and infographics Functional and Practical Output - focus on everyday language and enabling clear communication in speaking, writing and pronunciation syllabus Presentation Skills Syllabus - a toolbox of transferable skills to develop fluency, confidence and engaging delivery Creative Thinking - a safe place to try, fail and practise and a

way for students to find their own voice through ideas and language Interactive E-Book Interactive version of the Student's Book with integrated audio and video Workbook + Audio CD Thorough consolidation and extension of the language and skills taught in the Student's Book gives students the confidence they need to progress Twelve playlists featuring new TED Talks and Podcasts by members of the Keynote team provide more authentic material and encourage personal engagement Six writing spreads and six presentation spreads focussing on text structure and key language develop students' ability to write and present effectively and accurately Online Workbook Consolidates the Student's Book contents Provides further language practice Hosted on MyELT Teacher's Book + Audio CDs Full teaching notes with keys, scripts, tips, background notes, suggestions for extension activities and a wealth of ideas for maximising the potential of TED Talks in the ELT classroom Photocopiable tests use the format of internationally recognised exams to assess students' progress Two engaging communicative activities per unit get students talking and consolidate the language presented in the Student's Book Teacher's Presentation Tool An interactive version of the Student's Book, including answers to all activities All the audio and video from the Student's Book Links to further grammar practice exercises Keynote resource website contains a wealth of teaching resources including: Sample units Author videos Bank of TED Talk worksheets TED Talks and audio Wordlists CEFR correlations Mid-year and end-of-year tests/L

How We Learn

That Is Not a Good Idea! is a hilarious, interactive picture book from bestselling author and illustrator Mo Willems, the creator of books like Don't Let the Pigeon Drive the Bus, the Knuffle Bunny series, the Elephant and Piggie series, Goldilocks and the Three Dinosaurs, and many other new classics. Inspired by the evil villains and innocent damsels of silent movies, Willems tells the tale of a hungry fox who invites a plump goose to dinner. As with the beloved Pigeon books, kids will be calling out the signature refrain and begging for repeated readings. The funny details in the full-color illustrations by three-time Caldecott Honoree Mo Willems will bring nonstop laughter to story time.

Neuromania

"Every year between 250 000 and 500 000 people suffer a spinal cord injury, with road traffic crashes, falls and violence as the three leading causes. People with spinal cord injury are two to five times more likely to die prematurely. They also have lower rates of school enrollment and economic participation than people without such injuries. Spinal cord injury has costly consequences for the individual and society, but it is preventable, survivable and need not preclude good health and social inclusion. Ensuring an adequate medical and rehabilitation response, followed by supportive services and accessible environments, can help minimize the disruption to people with spinal cord injury and their families. The aims of International perspectives on spinal cord injury are to: --assemble and summarize information on spinal cord injury, in particular the epidemiology, services, interventions and policies that are relevant, together with the lived experience of people with spinal cord injury; --make recommendations for actions based on this evidence that are consistent with the aspirations for people with disabilities as

expressed in the Convention on the Rights of Persons with Disabilities.

Dioniso e la nuvola

Fear of Life

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Handbook of Research on Collaborative Teaching Practice in Virtual Learning Environments

Tutti oggi celebrano la vita online. Fruttori disinteressati, entusiasti sostenitori, ma anche critici e alternativi, non hanno dubbi: la tecno-cultura, di cui Internet e i Social Media costituiscono il suggello più moderno, è una manna. Eppure, a trent'anni dall'invenzione del Web, è sempre più chiaro che la promessa di un mondo trasformato in un villaggio globale di persone libere e sapienti è stata solo l'ennesima esca. Quel che la Rete ha portato nella nostra vita non ha nulla a che fare con ciò che gli illusionisti della Silicon Valley (e i loro missionari disseminati ovunque) hanno promesso e continuano a spacciare: mentre si regge sulla sistematica distruzione del Pianeta e sullo sfruttamento schiavistico di popolazioni intere, la società digitale sta compromettendo gli ultimi residui di socialità e di autonomia individuale, rendendo ogni soggetto un utente indifferenziato sempre più isolato, omologato, dipendente dal tecno-mondo. Allo stesso tempo, rinchiude tutti in un claustrofobico universo di sintesi totalmente programmato, mercificato, iper-sorvegliato. Enrico Manicardi prosegue qui la sua analisi critica della modernità. La società dell'interconnessione non è una "rivoluzione": è solo l'ultima fase di quella millenaria guerra alla Natura che abbiamo chiamato civiltà. In un mondo che corre a una velocità sempre più forsennata, tutto sta diventando obbligato, prestabilito, già pronto solo per essere accettato con la spunta o la crocetta. Come lo Charlot di Tempi moderni era costretto a tenere il passo della catena di montaggio e a vivere senza interrompere il flusso della produzione, anche noi, odierni navigatori confinati nei reclusori dell'elettrosfera, siamo soggetti agli stessi obblighi, e ci adattiamo ai ritmi di un tecno-universo surrogato che non concede più nemmeno i tempi per mangiare, conversare, riposare. Stimolati all'iperattività dai nostri dispositivi digitali, ci doniamo più o meno consapevolmente agli interessi dell'industria e dei governi, lavorando gratuitamente per loro affinché il Sistema possa continuare a sovrastarci, a venderci tutto, a controllarci in ogni nostro minimo movimento, determinando direttamente i nostri bisogni, le nostre amicizie, le nostre modalità di relazione. In perfetta continuità con quell'ordine che da diecimila anni ci tiene alla catena del Sistema, Internet è uno strumento utile a esaurire ogni nostra residua capacità vitale, ogni nostra libertà. I sentimenti di gioia, di unione, di generosità che hanno sempre animato le persone non nascono dalla tecnologia, e vi si sono anzi perduti man mano nel tempo. Riconoscerlo è fondamentale, e agire per riabilitare la nostra naturale selvatichezza contro ogni aggressione tecnoculturale vuol dire operare per riattivare quei processi vitali che rimuovono ogni paura, ogni incertezza, ogni ostacolo alla prospettiva di trasformare radicalmente l'esistente. Possiamo renderci conto del fatto che la civiltà è un disastro, e che spinge tutti verso il disastro.

Oppure possiamo lasciarci trascinare dai fluttui ammalianti della sua morsa digitale e continuare a far finta di niente credendo di vivere nel “migliore dei mondi possibili”. In fondo, è proprio questo lo scopo di ogni religione: offrirsi seducente alle ansie di tutti noi, così da palliare i sintomi immediati della nostra sofferenza esistenziale preservandone le cause e garantendo la perpetuazione di quel mondo che ci sta annientando. Come la religione, la Rete illude e consola; come la religione, la Rete avvinghia nei suoi rituali dalle pretese magiche; come la religione, la Rete offre paradisi artificiali nei quali evadere. Insomma: come la religione, la Rete è l'oppio dei popoli!

Il Policlinico

Il testo invita docenti, educatori e genitori a interrogarsi profondamente sulle necessità della nuova generazione di studenti: la net generation. I ragazzi di oggi, infatti, vivono in un mondo sempre più social che, per essere compreso, richiede competenze comunicative e relazionali specifiche. L'educatore, allora, non potrà limitarsi a formare i suoi alunni ma dovrà mirare, necessariamente, a una costante auto-formazione critica, perché solo così sarà realmente in grado di decifrare i messaggi che i ragazzi affidano ai loro post e agli hashtag e comprendere fino in fondo il contesto sociale in cui si trova a operare.

The Mind Within the Net

L'ultima notizia

Alzheimer's disease and age-related memory loss are on the increase. The burden this condition places on sufferers, their families and health care systems is immense. In this reassuring and practical book, top nutritionist and mental health expert Patrick Holford argues that memory decline and Alzheimer's disease can be arrested, and the risks of developing such diseases reduced significantly, if you take action early. THE ALZHEIMER'S PREVENTION PLAN is based on research into nutritional medicine from experts around the world, and features the latest scientific findings on how nutrition can help prevent this devastating condition. It features a specially formulated Alzheimer's prevention diet and a ten-step plan to enhance your memory, which includes a simple test to discover your risk, and reverse it in eight weeks; memory boosting vitamins and minerals; essential fats that help your brain think faster; and simple lifestyle changes and exercises to keep your mind young.

Adolescent Health and Wellbeing

Keynote Proficient Workbook

The book provides a comprehensive overview of the European Sustainability Model which cannot be properly understood without taking into account the global governance trends surrounding the topic. The author offers a fresh analysis of both theory and praxis of sustainable development in the open-ended process of EU

integration by shedding new light on the often-overlooked role that law and legal science should have within the educational and cultural domains. The monograph explores the necessity of new conceptual and methodological approaches in order to understand the emerging educational and cultural challenges when it comes to their integration and intersection with sustainability in today's society, which desperately claims systemic transformations.

Serendipity in Anthropological Research

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