

## Acting Through Mask

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Acting For Film  
Masking Unmasked

## Society and the Dance

This is a "must have" book for anyone who works with actors, autism or not. Remarkable insights and motivation are on every page, with valuable help for actors, directors and writers. Congratulations on a much-needed addition to every theatrical library. -Emmy Awarding Winning Producer, Al Burton Alisa Wolf has written a terrific guidebook on how to use acting as an effective and fun therapy for kids on the autistic spectrum. Helpful, clear and thorough, this is an excellent map to aid in anyone's education. -Award Winning Producer, John Landis. In the book, Acting: for Kids on the Autistic Spectrum, the author has come up with yet another wonderful tool in the ongoing struggle to break the bonds this insidious condition has wrapped around our children. -Tony Award Winning Actor, Joe Mantegna What a powerful learning tool for improving the lives of autistic children. It's uplifting for parents to know there's a program out there that will make a difference in their child's life. Award Winning Actor-John Schneider

## Dreamwork for Actors

Because mask improvisation is relatively new in American theatre training, this work is designed to acquaint readers with the theory of mask improvisation and to instruct them in the techniques of the method as well. It gives a historical survey of the role masks of masks in various cultures.

## The Ethos of Noh

## **The Anxious Christian**

Behind the mask, Appel notes, the student is free to create a personality; paradoxically, because the mask hides the self, it enables the student to probe more deeply into himself. "This book describes, defines, and discusses the mask characterization process, providing the theory behind the exercises and the step-by-step procedure in the organic development of the character from the masks," Appel notes. The manual is divided into two parts: "The Instructor's Guide" and "The Actor's Guide." There is also an introductory chapter, "The Class Structure," which explains mask characterization procedures in the classroom, and a sample class schedule may be found in the back of the manual. This book adds a new dimension to actor training and learning. It is essential to aspiring actors seeking new ways to create honest dramatic characterizations.

## **The Mask: A Periodical Performance by Edward Gordon Craig**

The Mother, the Lover, the Trickster, the Spiritual and Temporal Leader, the Devil-these are just some of the universal essences, known as archetypes, that lie deep within the human spirit; these are forces that we all recognize and embody in some capacity. Acting and Singing with Archetypes is a groundbreaking, experiential book that uses archetypes as the basis of an unprecedented method of study for actors and singers. By using fifteen archetype explorations that employ vocal exercises, mask making, monologue and scene work, breathing exercises, role playing, storytelling, singing, meditation, self-reflection, and more, this book empowers actors to interpret character and voice in exciting, untraditional ways. The explorations ultimately leave performing artists with the tools they need to develop their theatrical roles to the fullest, utilize their singing and speech abilities with the widest range of emotion, and unlock their overall creative potential. The book also reinforces the importance of breathing, relaxing, stretching, and other physical techniques that enable healthy practice of the craft. Geared toward theatre teachers, directors, and theatre workshop leaders, this is an incredible teaching tool, accompanied by a CD of demonstrative recordings of vocal exercises and other guiding content sung and spoken by authors Janet B. Rodgers and Frankie Armstrong. Book jacket.

## **Acting and Singing with Archetypes**

Noh is a major form of classic Japanese musical drama that has been performed since the 14th century. This title introduces the work of the Noh mask artist Michishige Udaka. It presents photographs of 32 typical Noh masks shot in dynamic lightings and close-up angles. It features captions that explain characters of each mask. Noh is a major form of classic Japanese musical drama that has been performed since the 14th century. Many characters are masked, with men playing both the male and female roles. The repertoire is normally limited to a specific set of historical

## **A Companion to Sophocles**

This text seeks to focus debate and raise awareness of the impact of Lecoq's work on the British theatre. It includes topics on the masks of Jacques Lecoq, and the theatre which does not exist (neutrality to interculturalism).

## **Training of the American Actor**

The Collected Works of W. B. Yeats, Volume XIII: A Vision is part of a fourteen-volume series under the general editorship of eminent Yeats scholar George Bornstein and formerly the late Richard J. Finneran and George Mills Harper. One of the strangest works of literary modernism, A Vision is Yeats's greatest occult work. Edited by Yeats scholars Catherine E. Paul and Margaret Mills Harper, the volume presents the "system" of philosophy, psychology, history, and the life of the soul that Yeats and his wife George (née Hyde Lees) received and created by means of mediumistic experiments from 1917 through the early 1920s. Yeats obsessively revised the book, and the revised 1937 version is much more widely available than its predecessor. The original 1925 version of A Vision, poetic, unpolished, masked in fiction, and close to the excitement of the automatic writing that the Yeatses believed to be its supernatural origin, is presented here in a scholarly edition for the first time. The text, minimally corrected to retain the sense of the original, is extensively annotated, with particular attention paid to the relationship between the published book and its complex genetic materials. Indispensable to an understanding of the poet's late work and entrancing on its own merit, A Vision aims to be, all at once, a work of theoretical history, an esoteric philosophy, an aesthetic symbology, a psychological schema, and a sacred book. It is as difficult as it is essential reading for any student of Yeats.

## **The Moving Body (Le Corps Poétique)**

Is anxiety "un-Christian"? Many Christians believe the answer to this question is yes! Understandably, then, many Christians feel shame when they are anxious. They especially feel this shame when well-intentioned fellow believers dismiss or devalue anxiety with Christian platitudes and Bible verses. Rhett Smith, Licensed Marriage and Family Therapist, helps us understand anxiety in a new way. Rhett argues that, rather than being destructive or shameful, anxiety can be a catalyst for our spiritual growth. Using Biblical thinking and personal examples, Rhett explains how anxiety allows us to face our resistance and fears, understand where those fears come from, and then make intentional decisions about issues such as career, marriage, money, and our spiritual lives. Allow this book to challenge your view of anxiety, and allow God to use your anxiety for good.

## **The Secrets of Noh Masks**

In the National Book Award-winning *Goblin Secrets*, a boy joins a theatrical troupe of goblins to find his missing brother. In the town of Zombay, there is a witch named Graba who has clockwork chicken legs and moves her house around—much like the fairy tale figure of Baba Yaga. Graba takes in stray children, and Rownie is the youngest boy in her household. Rownie's only real relative is his older brother Rowan, who is an actor. But acting is outlawed in Zombay, and Rowan has disappeared. Desperate to find him, Rownie joins up with a troupe of goblins who skirt the law to put on plays. But their plays are not only for entertainment, and the masks they use are for more than make-believe. The goblins also want to find Rowan—because Rowan might be the only person who can save the town from being flooded by a mighty river. This accessible, atmospheric fantasy takes a gentle look at love, loss, and family while delivering a fast-paced adventure that is sure to satisfy.

### **Creativity and the Performing Artist**

*A Companion to Sophocles* presents the first comprehensive collection of essays in decades to address all aspects of the life, works, and critical reception of Sophocles. First collection of its kind to provide introductory essays to the fragments of his lost plays and to the remaining fragments of one satyr-play, the *Ichneutae*, in addition to each of his extant tragedies. Features new essays on Sophoclean drama that go well beyond the current state of scholarship on Sophocles. Presents readings that historicize Sophocles in relation to the social, cultural, and intellectual world of fifth century Athens. Seeks to place later interpretations and adaptations of Sophocles in their historical context. Includes essays dedicated to issues of gender and sexuality; significant moments in the history of interpreting Sophocles; and reception of Sophocles by both ancient and modern playwrights.

### **The Word**

### **Behind the Mask**

Acting with masks is one of the most ancient stage techniques still in use today. *Masking Unmasked* is a basic guide to using this ancient art to develop character and movement in four sections that correspond to mask size: Full-Face Masks, Clowning, Bag Masks, and Half-Face Masks. Each section addresses fundamental acting principles and shows how the ancient technique can be applied to the contemporary stage. It is the perfect book to use as background to traditional, non-masked acting principles. For instance, mask acting provides a great way of strengthening core acting skills. Actors in masks experience the primary goal of acting because they are required to tap into profound physical, vocal, emotional, and psychological transformations in the course of creating a character. In addition, masking promotes honest, believable, and

detailed work. Illustrated profusely throughout, the hands-on exercises developed by Simon teach actors to shift cleanly between beats, execute moment-to-moment specificity, unleash creative impulses, take risks and expand character range, power and vulnerability. Masking Unmasked is a book of ancient acting techniques that are indispensable for the actor of today.

### **Playing the Mask**

Behind the mask, Appel notes, the student is free to create a personality; paradoxically, because the mask hides the self, it enables the student to probe more deeply into himself. "This book describes, defines, and discusses the mask characterization process, providing the theory behind the exercises and the step-by-step procedure in the organic development of the character from the masks," Appel notes. The manual is divided into two parts: "The Instructor's Guide" and "The Actor's Guide." There is also an introductory chapter, "The Class Structure," which explains mask characterization procedures in the classroom, and a sample class schedule may be found in the back of the manual. This book adds a new dimension to actor training and learning. It is essential to aspiring actors seeking new ways to create honest dramatic characterizations.

### **Acting Through Mask**

This work contains board information on photography and serves as a reference guide for photographers.

### **Masks**

Acting with masks is one of the most ancient stage techniques still in use today. Masking Unmasked is a basic guide to using this ancient art to develop character and movement in four sections that correspond to mask size: Full-Face Masks, Clowning, Bag Masks, and Half-Face Masks. Each section addresses fundamental acting principles and shows how the ancient technique can be applied to the contemporary stage. It is the perfect book to use as background to traditional, non-masked acting principles. For instance, mask acting provides a great way of strengthening core acting skills. Actors in masks experience the primary goal of acting because they are required to tap into profound physical, vocal, emotional, and psychological transformations in the course of creating a character. In addition, masking promotes honest, believable, and detailed work. Illustrated profusely throughout, the hands-on exercises developed by Simon teach actors to shift cleanly between beats, execute moment-to-moment specificity, unleash creative impulses, take risks and expand character range, power and vulnerability. Masking Unmasked is a book of ancient acting techniques that are indispensable for the actor of today.

## **Masking Unmasked**

### **Incorporated Knowledge**

At 30 years old, Lewis Howes was outwardly thriving but unfulfilled inside. He was a successful athlete and businessman, achieving goals beyond his wildest dreams, but he felt empty, angry, frustrated, and always chasing something that was never enough. His whole identity had been built on misguided beliefs about what "masculinity" was. Howes began a personal journey to find inner peace and to uncover the many masks that men - young and old - wear. In *The Mask of Masculinity*, Howes exposes the ultimate emptiness of the Material Mask, the man who chases wealth above all things; the covering vulnerability that hides behind the Joker and Stoic Masks of men who never show real emotion; and the destructiveness of the Invincible and Aggressive Masks worn by men who take insane risks or can never back down from a fight. He teaches men how to break through the walls that hold them back and shows women how they can better understand the men in their lives. It's not easy, but if you want to love, be loved and live a great life, then it's an odyssey of self-discovery that all modern men must make. This book is a must-read for every man - and for every woman who loves a man.

### **Mask Improvisation for Actor Training & Performance**

*Acting Hollywood Style* is a lively, fresh exploration of the art of screen acting as it has developed in Hollywood films for close to seven decades. Foster Hirsch has written 14 books on theatre and film subjects.

### **Jacques Lecoq and the British Theatre**

"The mask - as object, symbol, character, theatrical practice, even spectacle - is the central metaphor around which Fava builds his discussion of structure, themes, characters, and methods. His book combines historical fact, personal experience, philosophical speculation, and passionate opinion. Including period drawings, prints, and color photographs of leather masks made by Fava himself, *The Comic Mask in the Commedia dell'Arte* is a rich work of singular insight into one of the world's most venerable forms of theater." --Book Jacket.

### **Behind the Mask of the Horror Actor**

*Creativity and the Performing Artist: Behind the Mask* synthesizes and integrates research in the field of creativity and the

performing arts. Within the performing arts there are multiple specific domains of expertise, with domain-specific demands. This book examines the psychological nature of creativity in the performing arts. The book is organized into five sections. Section I discusses different forms of performing arts, the domains and talents of performers, and the experience of creativity within performing artists. Section II explores the neurobiology of physiology of creativity and flow. Section III covers the developmental trajectory of performing artists, including early attachment, parenting, play theories, personality, motivation, and training. Section IV examines emotional regulation and psychopathology in performing artists. Section V closes with issues of burnout, injury, and rehabilitation in performing artists. Discusses domain specificity within the performing arts Encompasses dance, theatre, music, and comedy performance art Reviews the biology behind performance, from thinking to movement Identifies how an artist develops over time, from childhood through adult training Summarizes the effect of personality, mood, and psychopathology on performance Explores career concerns of performing artists, from injury to burn out

### **The Mask of Apollo**

### **The Theatre of Yesterday and Tomorrow**

Actor Doug Bradley, who portrays the terrifying character Pinhead in Clive Barker's "Hellraiser" series of films, gives his personal guide to cinema monsters and the men who portray them, including legends Lon Chaney and Boris Karloff, and unforgettable creatures such as The Wolf Man and The Phantom of the Opera.

### **The Collected Works of W.B. Yeats Volume XIII: A Vision**

This new study of Menander casts fresh light not only on the techniques of the playwright but also on the literary and historical contexts of the plays. Menander (342/1-292/1 BCE) wrote over a hundred popular comedies, several of which were adapted by Plautus and Terence. Through them, he was a major influence on Shakespeare and Molière. However, his work survived only in excerpts and quotation until some significant texts reappeared in the nineteenth and twentieth centuries on papyrus. The mystery of their loss and rediscovery has raised key questions surrounding the transmission of these and other Greek texts. Theatrical masks from the fourth century BCE discovered on the island of Lipari now also provide important material with which this book examines how the plays were originally performed. A detailed investigation of their historical setting is offered which engages with recent debates on the importance of social status and citizenship in Menander's plays. The techniques of characterization are also examined, with particular focus on women, slaves and power relationships in his Epitrepontes. It appears that the audience was invited, sometimes subversively, behind the mask of this

sophisticated comedy to discover that people do not always conform to literary expectations and social norms.

### **Acting Hollywood Style**

#### **Acting**

Drawing upon her wide experience as actor and director, Janet Sonenberg shows what dreamwork can do. No other acting technique offers the performer's own dreams as a means to profoundly deepen imaginative and artistic expression. This is a wholly new tool with which actors can unleash startling performances.

### **Ritual is Theatre, Theatre is Ritual**

Acting (Re)Considered is an exceptionally wide-ranging collection of theories on acting, ideas about body and training, and statements about the actor in performance. This second edition includes five new essays and has been fully revised and updated, with discussions by or about major figures who have shaped theories and practices of acting and performance from the late nineteenth century to the present. The essays - by directors, historians, actor trainers and actors - bridge the gap between theories and practices of acting, and between East and West. No other book provides such a wealth of primary and secondary sources, bibliographic material, and diversity of approaches. It includes discussions of such key topics as: \* how we think and talk about acting \* acting and emotion \* the actor's psychophysical process \* the body and training \* the actor in performance \* non-Western and cross-cultural paradigms of the body, training and acting. Acting (Re)Considered is vital reading for all those interested in performance.

### **Goblin Secrets**

This book, from Europe's leading Mask director and co-founder of the Trestle Theatre Company, provides a fascinating demystification of the process of using masks. Full of simple explanations, and collating over twenty-five years' experience of writing for, directing and acting in masks, The Mask Handbook examines how masks have the ability to play the fundamental game of theatre - the suspension of disbelief. The Handbook includes: an introduction to the origin of masks advice on preparing, making and using masks tips on writing, devising and directing maskwork lots of fun and effective practical exercises. This accessible and inspiring handbook will empower teachers, directors and actors to fully explore the world of the mask.

## **Mask and Scene**

No study of modern theater is complete without a thorough understanding of the enormous influence of visionary genius Edward Gordon Craig. Born in England in 1872, Craig went on to become famous world-wide as an actor, manager, director, playwright, designer, and most importantly an author and theorist, whose books were translated into German, Russian, Japanese, Dutch, Hungarian, and Danish. Although an essential parallel to the European avant-garde, Craig was often read as "exceptional" and highly innovative in his native Britain, thus, *The Mask* not only appears as Craig's main cosmopolitan project but also at times functions as a surrogate stage for his experiments in theater practice. The book has a comprehensive chronology, extensive notes and a bibliography making it an essential text for undergraduates, postgraduates, actors, theatre professionals, designers, directors, researchers and writers in the fields of theatre studies (especially theater set and lighting) and theater history.

## **Cassell's Cyclopaedia of Photography**

'In life, I want students to be alive and on stage I want them to be artists' Jacques Lecoq Jacques Lecoq was one of the most inspirational theatre teachers of our age. In *The Moving Body*, he shares with us first-hand his unique philosophy of performance, improvisation, masks, movement and gesture, which together form one of the greatest influences on contemporary theatre. Neutral mask, character mask and counter masks, bouffons, acrobatics, commedia, clowns and complicity: all the famous Lecoq techniques are covered in this book - techniques that have made their way into the work of former collaborators and students including Dario Fo, Ariane Mnouchkine, Yasmina Reza and Theatre de Complicite. The book contains a foreword by Simon McBurney, a critical introduction by Mark Evans and an afterword by Fay Lecoq, Director of the International Theatre School in Paris.

## **The Mask Handbook**

This book is a wonderfully accessible introduction to a fresh and innovative acting technique for actors, theatre-makers and teachers to use in training and rehearsal. A mask releases the actor to be playful, and playfulness generates ideas, finds meaning, develops characterisation - and is infinitely more fun than traditional training. Rather than a dry guide to making masked theatre, it is about, for instance, playing Lady Macbeth in Red Nose, or Hamlet in the mask of The Victim, The Ogre or The Fool, or even Romeo and Juliet in grotesque half-masks All in the name of liberating your creativity and, ultimately, improving your performance. Extensively illustrated with a rich variety of masks, this inventive and pragmatic book is full of invaluable games and exercises drawn from the author's own workshops, his experience as co-founder of both Trestle and Told by an Idiot, and his pioneering mask and clown work in many professional productions.

## **The Mask of Masculinity**

The handbook of the American actor's art and craft.

## **Acting Through Exercises**

Presenting seven examples from Africa, Southeast Asia, Melanesia and Oceania, this study attempts to further the anthropological understanding of dance's social significance and critical relevance by exploring it as a reflection of social forces.

## **Mask Characterization**

In Acting Through Mask, the first volume of his Mask: A Release of Acting Resources, David Griffith examines the present state of actor-training and recommends a way in which the standards of performance skills in theatre may parallel those already established in other performing arts such as music and dance. The author proposes a practical actor-training philosophy using mask, which will realistically work alongside current actor-training programmes. Opening with a brief survey of the actor-training experiments and styles developed by Stanislavsky, Meyerhold, Grotowski and Brecht, Griffiths demands that the preparation for theatrical performance should reflect an awareness of training in performance in other cultures. The key to David Griffiths' philosophy as a theatre practitioner is the mask and here he explains the special skills required to animate it, helping the reader by extensive and cogent use of his own illustrations.

## **Acting (re)considered**

"direct and informative, free of the scholarly minutiae too often crowding similar writings. A fresh overview of theater history around the world will also comfortably inform the casually interested reader." —CHOICE

## **Mask Characterization**

## **The Comic Mask in the Commedia Dell'Arte**

The author uses her wide experience as an acting and voice coach on major movies to offer insights into the film acting process. She provides tasks, techniques and tips that are designed specifically for film: there's advice to make the first-time

film actor feel at home on set, tips on the casting process, how to cope with auditions, on-camera techniques, schedules and shooting order, as well as specific advice from film crews to help an actor's performance. This practical workbook combines exercises and anecdotes in an informal and accessible style, making it the indispensable guide for anyone wishing to light up the silver screen.

### **The Mask**

This is a description of how memories of the past become traditions, as well as the role of these traditions in the institutional development of the noh theater from its beginnings in the 14th century through the late 20th century.

### **Acting For Film**

Artists such as Luigi Pirandello, Edward Gordon Craig and Max Reinhardt sought liberation from formal literary drama through commedia. This text explores this movement within a number of European countries as well as Russia and the United States.

### **Masking Unmasked**

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