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Being Parents
A Survival Guide to Parenting Teens
Baby-Friendly New York City 2005

How to Raise Your Parents

This book of parent-to-parent advice aims to encourage, support, and bolster the morale of one of music's most important back-up sections: music parents. Within these pages, more than 150 veteran music parents contribute their experiences, reflections, warnings, and helpful suggestions for how to walk the music-parenting tightrope: how to be supportive but not overbearing, and how to encourage excellence without becoming bogged down in frustration. Among those offering advice are the parents of several top musicians, including the mother of violinist Joshua Bell, the father of trumpeter Wynton Marsalis, the parents of cellist Alisa Weilerstein, and those of violinist Anne Akiko Meyers. The book also features advice from music educators and more than forty professional musicians, including Paula Robison, Sarah Chang, Anthony McGill, Jennifer Koh, Jonathan Biss, Toyin Spellman-Diaz, Marin Alsop, Christian McBride, Miguel Zenón, Stephanie Blythe, Lawrence Brownlee, Kelli O'Hara, as well as Joshua Bell, Alisa Weilerstein, Wynton Marsalis, Anne Akiko Meyers, and others. The topics they discuss span a wide range of issues faced by the parents of both instrumentalists and singers, from how to get started and encourage effective practice habits, to how to weather the rough spots, cope with the cost of music training, deal with college and career concerns, and help young musicians discover the role that music can play in their lives. The parents who speak here reach a unanimous and overwhelming conclusion that music parenting is well worth the effort, and the experiences that come with it - from sitting in on early lessons and watching their kids perform onstage to tagging along at music conventions as their youngsters try out instruments at exhibitors' booths - enrich family life with a unique joy in music.

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)

Turn back the clocks! Your sweet child has morphed into a teen. And it's no longer just a messy bedroom or an attitude with a capital "A" causing concern. There's a whole new range of issues on the horizon. What if your daughter texts a naked picture to a "boyfriend" which he then forwards to the entire class? What if your son becomes increasingly withdrawn? Or your child is being bullied online? Would you know what to do? You could read a whole book on teen psychology--but who has the time! As a parent, what you need most is quick and candid advice for dealing with the issue at hand. After all, if you say the right thing you will open up the lines of communication, but say the wrong thing and WATCH OUT. A Survival Guide to Parenting Teens is the solution. Covering a broad range of issues from the terrifying (sex, drinking, drugs, depression) to the frustrating (defiance, laziness, conformity, entitlement), parenting expert Joani Geltman approaches each of the 80 topics with honesty and a dash of humor. Want to understand why teens do what they do? Joani reveals what they are thinking and feeling--and what developmental factors are involved. She then explains how to approach each problem in a way that lets your kid know you "get it" and leads to truly productive conversations. From lying to sexting to falling grades, the teenage years can be an uphill battle. Here is the no-nonsense guide you need to get your teen talking, listening, and back on track.

When Your Kid Goes to College

"During the summer before he went to college, he was obnoxious; he said, 'There's a reason I'm acting this way; it will make it easier for you to have me leave.'" "When she was packing to leave, she was completely preoccupied with how many sheets and towels to take. I was thinking, 'My kid is leaving home forever, and life is taken up with minutiae.'" It's an emotional rollercoaster, a combination of missing him and feeling happy and excited for him." New Beginnings You've taught them how to do their laundry, brought them a year's supply of toothpaste and shampoo, and lectured them on the do's and don'ts of life beyond your home. The time has come for your child to leave for college -- but are you prepared to say goodbye? Written by a mother who survived the perils of packing her own child off to school, *When Your Kid Goes to College* provides supportive, reassuring, and helpful tips for handling this inevitable but difficult separation. Comprehensive and accessible, this practical guide includes info on: Teaching your child how to live on his own, from balancing a checkbook to dealing with a roommate. The difference between financial and emotional dependence -- and how to keep them separate. Helping your spouse, younger children, and even pets deal with the transition when your child leaves -- and when she returns. How to fill -- and even enjoy -- the hole that your child's absence leaves. Saying goodbye isn't the end of the world; it's the beginning of an exciting new one for your child--and you!

Dyslexia

When Dr. Sears can't help, the lilaguide can.-San Francisco MagazineA great resource that's long overdue.-SF WeeklyThe definitive owner's manual for families with babies and toddlers.-San Francisco Downtown MagazineLike they say, everything changes when you have a baby. That's why the lilaguide has become the essential item on every new parent's checklist. Most parents wish their baby came with some sort of user-friendly handbook. Luckily, babies come with a lot of excellent word-of-mouth advice from other parents and friends. In fact, we found that nearly every parent out there has a great piece of child-rearing advice, like which baby store is the most helpful, or which restaurant tolerates strained carrots on the floor. Someone, we thought, should write this stuff down. And that's how, please pardon the pun, the lilaguide was born. Our guides are literally written by parents for parents, through thousands of volunteer surveys. It's what happens when someone writes down all the parental wisdom, organizes it, calculates it and presents it in an easy-to-use format. Apparently a lot of other new parents appreciate the inside scoop provided by the lilaguide, because our little green-striped books are quickly becoming a staple item in diaper bags across the country. You'll find us in bookstores, toy stores, gift stores and maternity wards. Not to mention at a whole lot of baby showers. We're rapidly expanding into major metro markets throughout the country, making the lilaguide the only national guide of its kind.

A First Time Parent's Survival Guide

When parents turn to the parenting/self-help section of their local bookstore, they are looking for both practical guidance and a childrearing philosophy that resonates with them - an approach they can relate to and be comfortable implementing in their own household. In *The Parent Survival Guide: From Chaos to Harmony in Ten Weeks or Less*, Theresa Kellam presents a way to strengthen the relationship with the child that simultaneously promotes the parent's own emotional healing and wellness. Grounded in a research-supported therapeutic technique that uses structured play time as the catalyst for interpersonal connection and growth, Kellam's model is subtle in its simplicity. Through a series of guided exercises, Kellam gives parents the skills they need to begin to set aside special playtimes with their children, during which the most important part of the process is simply "being there" in a way that promotes healing, growth, and communication. The beauty of this approach is that in only 30 minutes, once a week, the results can be seen in only a few weeks. Features of the book include: "Parent Survival Tip" at the start of each chapter Original cartoon illustrations bring text to life Short but insightful workset questions bring focus to the program The Parent Survival Guide is structured over a series of 10 chapters, which can be read in conjunction with the 10-sessions of the CPRT workshops for those parents enrolled in a formal filial training program. But the material in the book is designed to be read and implemented by anyone. The author is not only a licensed psychologist and filial therapist, but she has also gone through the program with her own son and continues to rely on its principles within her family.

Growing Up with Computers

A Premie Parent's Survival Guide to the NICU details the journey of Megan Grandinetti and her husband during their NICU stay with their daughter Sofie. Sofie was born at 26 weeks and stayed for a tumultuous 5 months in the hospital. Megan gives new parents of preemies pieces of advice she wishes she had been told coming into the NICU. Through 18 personal tips, Megan paints a colorful overview of Sofie's time in the hospital, and the things she feels were critical to her family's success.

The Parents' Survival Guide to Children, Technology and the Internet

"The Wilderness Years - a parents' survival guide" is a book that offers solace for mothers as they battle across the landscape of child-rearing. It is a voice of reason cut low across the incessant babble of how to's and don't do's that plays in the background of parenting. It gives credence to the first 5 years of motherhood and acknowledges the physical and emotional sacrifices all mothers make. "There are times when you will huddle under a blanket on the sofa furtively eating chocolate and praying for divine intervention. Or a natural disaster." Witty and inspirational, "The Wilderness Years" transcends parenting styles and techniques, socioeconomic groups and choice of pet. In a time where everything is about the children, it is a book for the parents, about parents, by a parent.

A Premie Parent's Survival Guide to the NICU

Welcome to one of the most unique families in the world. By proxy, you will be inducted into a group that is older than our Constitution. It is an honorable organization with a long history of warriors. You are about to be the parent of one of those warriors. Without the knowledge and facts of what to expect, this journey can be scary. It is important to learn myth from fact and to ensure that you do everything you can do to support your future Marine and keep yourself from worrying. If you are a Marine veteran, or come from a Marine Corps family already, this book is a great resource. It can help you compare your experiences with how the Marine Corps is conducting its training now. Many things have changed throughout the history of boot camp, but many things have not. This book can provide you with an opportunity to brush up on what's new and discuss what is the same. This guide has information from multiple official United States Marine Corps web sites and endeavors to be as current as possible. The 13 weeks of recruit training will fly by before you know it. While you won't be there personally to witness the transformation, you will be able to learn what is happening to your recruit. The best thing you can do is educate yourself on what your recruit is going through so that you can learn what will be expected of him/her as a United States Marine. This book is designed to help you do just that. It will give you a glimpse of what it is like as a recruit in boot camp and what you, as a parent, will need to know. It will also explain how you can help your recruit while he/she is in boot camp and what not to do. When graduation rolls around, you will be prepared to see your new Marine and understand exactly how the graduation process works. Also, we will explore what happens to your Marine after boot camp.

His/her journey is only beginning at that point. There is still much more that your Marine will learn as he/she is sent to Marine Combat Training, his/her Military Occupational Specialty (MOS) school and then into the fleet. The adventure doesn't stop with graduating boot camp. Your Marine is going to need your support for a long time. The best thing you can do is prepare yourself with the education and knowledge that you can be a successful Marine parent. This is an exciting time for your future Marine. He/she is embarking on a journey that few will ever understand or comprehend. It will change their lives in so many ways. It is important as their parent that you understand why they call the Marines, "The Few. The Proud." It is a way of life that is difficult to explain unless you have lived through it. However, this book is going to do its best to explain it in a way that makes you beyond proud that your son or daughter chose the Marine Corps as a foundation for the way to live an honorable life of service to our country.

The Parents Survival Guide to Online Gaming

Offers advice for parents of twins, triplets, and quadruplets on such topics as dealing with the pregnancy, recognizing multiples' individuality, and finding time as a couple

New Parents' Survival Guide

This is a guide to being a parent for the first time, an experience which can be frustrating and exhausting as well as thrilling. It aims to provide all that new parents need to know, from coping on arriving home from hospital to establishing a sleeping routine or recognizing a serious problem.

The Bereaved Parents' Survival Guide

Defines giftedness and discusses special quirks and problems that arise living with a gifted child, from a lack of neatness to the "too-smart mouth," and explains how parents can find the right programs and make school as rewarding as possible for gifted children.

The Survival Guide for Kids with Behavior Challenges

The Tantrum Survival Guide

If you or someone you love grew up with an emotionally unavailable, narcissistic, or selfish parent, you probably struggle

with residual feelings of anger, abandonment, loneliness, or shame. For anyone who endured a nightmare or a wasteland instead of a nurturing childhood, The Toxic Parents Survival Guide will offer you the clinical insights and the day-to-day tools so you can break the chains of toxicity that bind you in a mess you didn't create. Psychologist Bryn Collins pulls back the layers to explore the very complicated relationship with an emotionally unavailable parent. Whether they were unavailable because of addiction, mental illness, or being overly controlling or an iceberg, this imminently practical book will help validate your frustration and emotional struggles, help you set clear boundaries, and learn how to un-mesh yourself and move forward to a place of strength and peace without any guilt. Using case studies, quizzes, and jargon-free concepts, Collins profiles the most common types of toxic parents and offers the tactics and tools you need to change and break free of these painful associations. Your wounds can be healed and you can move forward. The Toxic Parents Survival Guide will help you find different ways of dealing with your parents' painful legacy so that you don't suffer and don't pass along emotional unavailability to the next generation or your current relationships.

Set Free Childhood

This book focuses on the strategies that parents need to assist their child in adapting to the demands of minor hockey.

Parent Survival Manual

Why don't babies come with a how to manual?" Wouldn't it be nice to have a pediatrician there with you so you could remember what was said in those well visits and to ask simple questions to? Finally a parenting book that is organized around your baby's well visits, isn't written like a text book and meant to calm you down rather than scare you about all the very rare possibilities. Dr. Cliff James is a board certified Pediatrician in private practice for the last 15 years. His goal was to write a book that could both inform and entertain a new parent. With the help of his own baby, Kaden, you get a look at parenting from a pediatrician point of view as well as the mind of a baby/toddler/evil genius. This book covers: *Choosing a pediatrician *Feeding your baby *Pee, Poop, Puke and Snot *Vaccines *What happens in the hospital *Chapters for each well visit *Developmental milestones *Illnesses *Injuries This book is designed to bring a little lightheartedness to parenthood with cartoons, jokes, and plenty of Dr. James' own disaster stories as a parent. "To often we as pediatricians and parents spend too much time emphasizing how much work it is to be a parent and lose sight of the fact children are hilarious and a great source of joy."

Grandparents as Parents, Second Edition

Do you struggle to keep up with the technology in your children's lives? Do you feel as if there's a new game, app or social

media platform to worry about almost every day? Do you want to know more about what young people do online? Living in the information age can often lead to a feeling of information overload. While there's no shortage of parenting advice, how do you know if it's reliable? And what do you do when that information is full of contradictions? The Parents' Survival Guide to Children, Technology and the Internet consolidates information, research and advice from over 200+ leading international resources, including some of the world's best technologists, child psychologists and online safety experts. In this ground-breaking book you will learn everything you need to know about: - how to deal with the internet, gaming and social media addictions - how to recognise and confront cyberbullying, extremism and online grooming - teaching your children about pornography and other potential danger zones - recognising when your children are having difficulties online - overcoming sleep deprivation caused by technology - setting a great example for your children

Stay-at-Home-Parent's Survival Guide

This book covers every aspect of the working-parent balancing act. Warmhearted, wise, funny, upbeat but truthful, Olds offers scores of survival tips from experts and some 250 working parents, including getting good child care and other help, keeping you marriage alive, finding time for yourself, dealing with guilt, making it as a single parent, negotiating with employers.

The First-time Parent's Survival Guide

This exciting new book from Molly Potter addresses the perennial problem of how to prepare your child for secondary school. It's a comprehensive guide that starts with the thorny issue of choosing the 'right' school, outlines what to expect, explores all the common fears and anxieties that secondary transfer can cause and gives practical advice that can be used to support your child through this process. This survival guide will help parents/carers feel more comfortable with their child's move to secondary school.

The Toxic Parents Survival Guide

Minor Hockey to NHL

They say that parenting does not come with a manual. They say parenting is difficult, that it is exhausting, and that it can leave you so tired that you just want to hide under a blanket and sleep all day. Well, I guess that could be true, but do you want to know something that is even more enticing? Parenting is rewarding. It can bring light to your day and show you that

there is something in this world that is more precious than the finest diamonds: your children. Parenting is a learning experience that you can accomplish with flying colors, given the right advice. Parenting is full of love, life, and cherished memories. Parenting is something no one can ever take away from you, and it is an experience that few can describe without developing happy tears in their eyes. Parenting is, if you haven't noticed, what this book is entirely about! I am here to show you that parenting can be a process that is full of love, excitement, pride in your children, respect, and so much more. Parenting is the bread and butter of who you are regarding your kids, who you can be, and what you can accomplish. The lessons you teach your children, the love that you show them, and the safety you bring them are the most important gifts you can ever pass on to your child, and their smiling faces and warm hugs are the most precious gift they can ever give to you. They are the most precious gift you can receive. With that in mind, this book is here to show you how wonderful parenting can be. It is also here to help guide you through the good and the rough parts of parenting so you can cherish every moment of it with a sound mind. Included within these pages is advice for all of your parenting questions, or at least most of them, as well as various tips, ideas, and examples that will help you shed some light on the sometimes murky path of parenting. No parent is perfect, but this book can help point you in a healthy direction. Included in this book are chapters on a wide variety of parenting topics, such as: Parenting Bootcamp: The Main Goals of Parenting and Non-Negotiables Common Parenting Mistakes and How to Combat them R.E.S.P.E.C.T: How to Respect Your Kids and Teach them to Respect You How to Teach Your Child How to Be Human How to Kindle Your Child's Desire to Learn How to Discipline Your Child and Utilize Tough Love How to Keep Your Child Safe from Dangerous Things Fostering a Healthy Diet and Lifestyle for Your Kiddo Weathering the Storm of a Blended Household The Importance of Love and Family Time: No Phones Allowed Gain a healthy boost to your parenting toolbelt by applying the advice in this book to your life as a parent, and foster a healthy bond with your kiddos over time. No matter what life may throw at you, you always have your kids. Help them grow into the magnificent human beings they can be, and show them just how much you love them, by strengthening your parenting capabilities and stretching them beyond their limits. With this book, you can do just that and more

The Parent's Survival Guide to Marine Corps Boot Camp

Many kids and teens have challenges when it comes to behavior. In this revised edition of his time-tested book, Thomas McIntyre provides up-to-date information, practical strategies, and sound advice to help kids learn to make smarter choices, make and keep friends, get along with teachers, take responsibility for their actions, work toward positive change, and enjoy the results of their better behavior. New to this edition are an "Are you ready to change?" quiz, updated glossary and resources, and a fresh organization and design. This is a book for any young person who needs help with behavior. A special section at the back addresses diagnosed behavior disorders.

The Wilderness Years

A practical, hands-on book that will give parents immediate ideas for responding effectively to 41 challenging situations, such as bedtime, fears, homework, lying, and temper tantrums.

The Survival Guide for Kids with ADHD

If you're among the millions of grandparents raising grandchildren today, you need information, support, and practical guidance you can count on to keep your family strong. This is the book for you. Learn effective strategies to help you cope with the stresses of parenting the second time around, care for vulnerable grandkids and set boundaries with their often-troubled parents, and navigate the maze of government aid, court proceedings, and special education. Wise, honest, moving stories show how numerous other grandparents are surviving and thriving in their new roles. Updated throughout, and reflecting current laws and policies affecting families, the second edition features new discussions of kids' technology use and other timely issues.

The Survival Guide for Parents of Gifted Kids

Resource Foster Parent's Survival Guide

The Music Parents' Survival Guide

A practical, hands-on book that will give parents immediate ideas for responding effectively to 41 challenging situations, such as bedtime, fears, homework, lying, and temper tantrums.

Raising Multiple Birth Children

All aboard, parents! It's time to see your child off on the voyage of a lifetime: the first year of college. The college transition is a stressful and emotional time for both students and parents. How do parents survive back on shore when they send their child out to sea? Here is your survival guide! "Out to Sea: A Parents' Survival Guide to the Freshman Voyage" will help you navigate the emotional and practical aspects of the freshman year. This easy-to-read, informative guidebook is swimming with helpful tips, organized checklists, and real-world advice from parents and experts alike. "Out to Sea" will keep your sanity afloat and ensure smoother sailing for you and your student as you embark on this grand voyage. Anchors aweigh!

You'll learn all about: * Packing--with handy checklists * Staying connected * Mentorship parenting * Money matters * Orientation * Academic expectations * Roommate relations * Health and wellness * What to expect when the ship returns Much more!

The Parent Survival Guide

If you are the parent of a toddler or preschooler, chances are you know a thing or two about tantrums. While those epic meltdowns can certainly be part of "normal" toddler behavior, they are still maddening, stressful, and exhausting--for everyone involved. What can you do to keep your cool and help your child calm down? Rebecca Schrag Hershberg, child psychologist and mother of two, has a unique understanding of both the science behind tantrums and what works in the heat of the moment to nip blowups in the bud. With her customizable plan, you'll learn: *Why your toddler's developing brain is hardwired for "big emotions." *What you may be doing (unintentionally) to encourage outbursts. *Ways to use structure and routines to help your child feel secure. *How to reduce tantrums at tough times of day, from wake-up to bedtime. *Strategies for managing tantrums under difficult circumstances, from travel to moving to divorce. *Ways to deepen your parent-child connection--starting right now.

The Parent's Survival Guide to Daycare Infections

This practical guide offers effective solutions to various behavior problems such as aggression, communication, perseveration, play and leisure, eating and sleeping, and toileting and hygiene.

Out to Sea

Being a teen (or the parent of a teen) doesn't have to be so hard. How to Raise Your Parents will help teens and their parents navigate those years between training bras and keys to the family car. In a voice teens will relate to and parents will appreciate, author Sarah O'Leary Burningham offers smart advice about negotiation and parental hot buttons and a little insight about what the world looks like from a parent's point of view.

The Working Parents' Survival Guide

What are ADHD? What does it mean to have ADHD? How can kids diagnosed with ADHD help themselves succeed in school, get along better at home, and form healthy, enjoyable relationships with peers? In kid-friendly language and a format that welcomes reluctant and easily distracted readers, this book helps kids know they're not alone and offers practical strategies

for taking care of oneself, modifying behavior, enjoying school, having fun, and dealing with doctors, counselors, and medication. Includes real-life scenarios, quizzes, and a special message for parents.

The Parent Survival Guide

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims"). The Survival Guide for Kids with Autism Spectrum Disorders covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What is ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, and resources. Sections for parents offer additional information.

The Body Image Survival Guide for Parents

"IF YOU HAVE AN XBOX, A WII, A PLAYSTATION, A MOBILE PHONE, AN IPAD, A COMPUTER OR AN ANDROID, THEN CHANCES ARE YOUR KIDS ARE ALREADY GAMING ONLINE!"The world around us is changing, and so are our kids! We need to follow them down the road of modern technology or risk being left behind. Arm yourself with ideas for setting boundaries and finding ways to compromise and communicate with a generation who almost speak an entirely different language amongst themselves. No matter what age your kids are, this book will help to explain and bridge some of the gaps parents feel in the ever-expanding and evolving world of cyberspace.A practical guide full of facts, first-hand accounts, interesting information, insights, and boundary setting ideas to help you navigate the world of ONLINE GAMES!

The Parent Survival Guide

Each year thousands of parents, yearning for more time with their children, put away their briefcases and laptops in favor of baby gear and Legos. Yet being home with the kids all day isn't easy! Some of us need a little extra help with the transition. The Stay-at-Home Parent Survival Guide not only helps Moms and Dads survive the occasional stressful day--something every parent experiences now and then--but also inspires them with new ideas for indoor and outdoor activities, great

places to take the kids, starting a playgroup, building a support system, and keeping connected in the adult community. Even if you're a parenting pro, *The Stay-at-Home Parent Survival Guide* is a useful resource that offers unique ways to handle the day-to-day tasks of stay-at-home parenting, such as helpful tips for finishing the housework with the kids underfoot, meal and naptime strategies that work, skills for building a stronger marriage, managing your time effectively, beating the stay-at-home blues, and balancing household finances on a single income. In addition to the expertise of author Christina Baglivi Tinglof and other stay-at-home parents, *The Survival Guide* includes valuable insights from a variety of experts, including: Kathy Kristof, syndicated columnist, on how to set and reach financial goals Arlene Rossen Cardozo, author of *Sequencing*, on the evolution of the stay-at-home mom Dr. Sylvia Rimm, "Today" show parenting expert, on positive discipline Dr. Brian Ray, president of the National Home Education Research Institute, on homeschooling Elaine St. James, author of *Simplify Your Life with Kids*, on just that Ellen Parlapiano and Patricia Cobe, authors of *Mompreneurs*, on starting your own business from home Christina Baglivi Tinglof is a stay-at-home mom of three young sons and the author of *Double Duty: The Parents' Guide to Raising Twins*. She and her family live in Los Angeles.

Parent's Survival Guide to Starting Secondary School

Vancouver Parents Survival Guide

The First Time Parents' Survival Guide

No matter how much you long for and plan for a baby, no one is quite prepared for the impact their new arrival has on their life. Babies have a habit of not behaving the way the textbooks say they should. *The New Parents' Survival Guide* is packed with practical advice and bite-sized tips on how to deal with common problems you are likely to encounter, including how to care for your newborn, solve the breast versus bottle dilemma, overcome breastfeeding woes, calm your crying baby, solve sleep issues, manage minor ailments, and take good care of yourself.

Being Parents

Set Free Childhood shows how to counter screen culture and create a calmer, more enjoyable family life

A Survival Guide to Parenting Teens

Rothman addresses the issues bereaved parents are likely to face, from marriage break-ups, handling the grief and guilt of siblings, dealing with well-meaning friends and relatives, to how to deal with the lost child's room and belongings.

Baby-Friendly New York City 2005

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